

Optimización del tratamiento antidiabético. ¿Cómo cambia mi práctica clínica como especialista?

José Ignacio Cornago Delgado

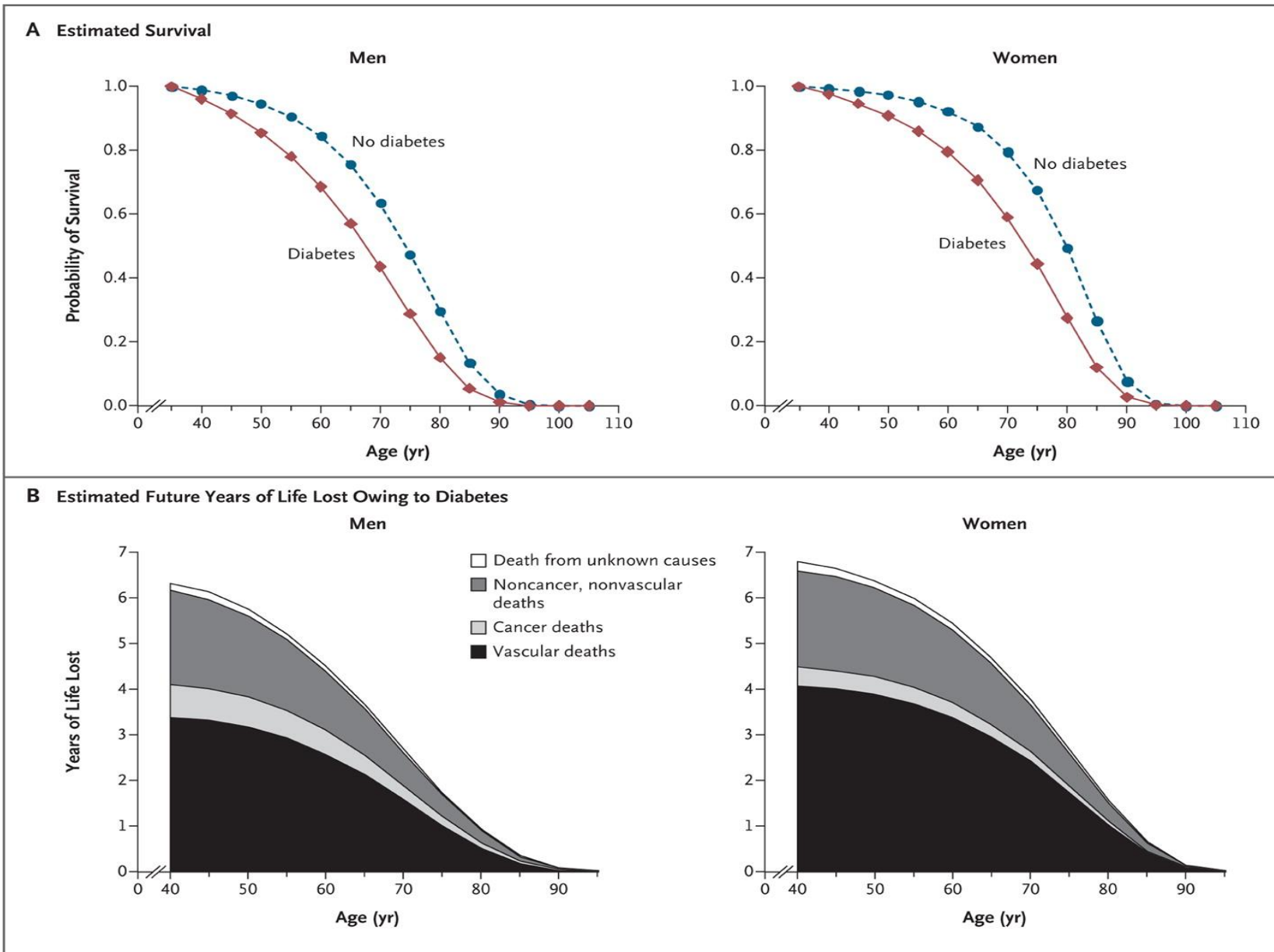
Servicio de Nefrología

Hospital Galdakao – Usansolo

Santiago de Compostela

12 de Mayo de 2018





Relation between age and cardiovascular disease in men and women with diabetes compared with non-diabetic people: a population-based retrospective cohort study

Gillian L Booth, Moira K Kapral, Kinwah Fung, Jack V Tu

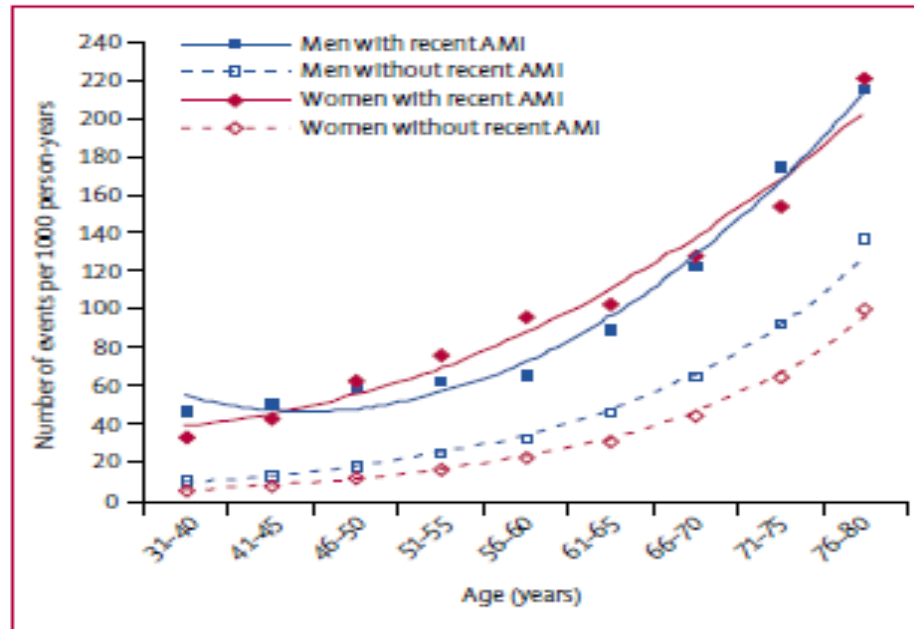
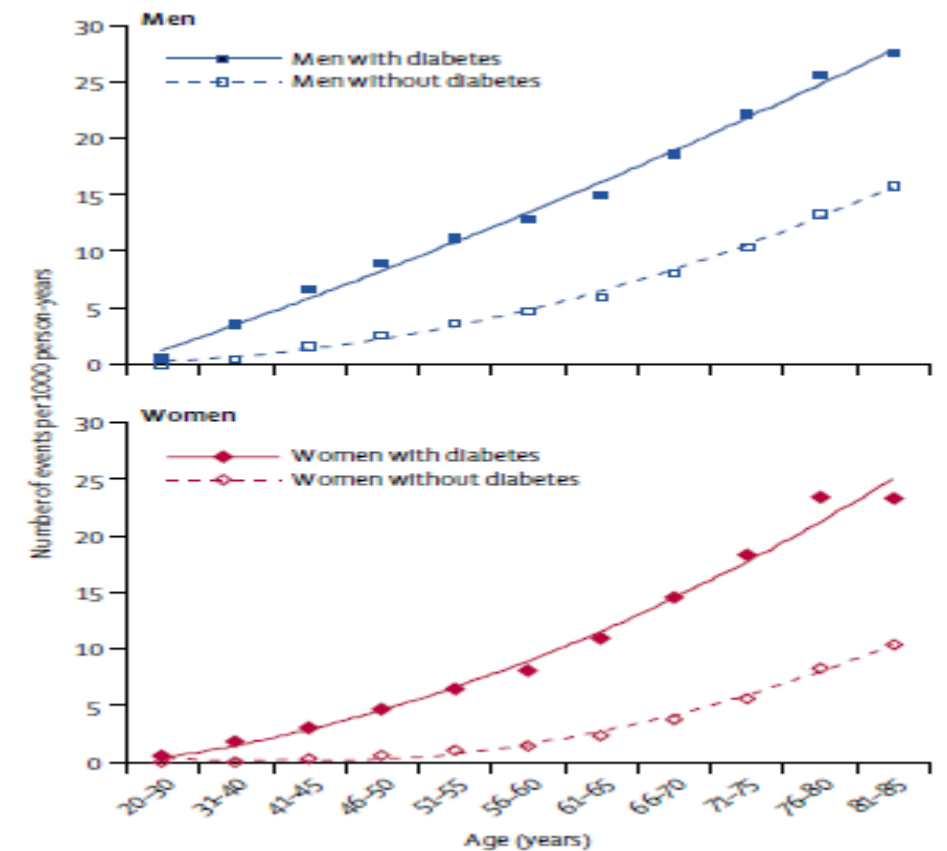


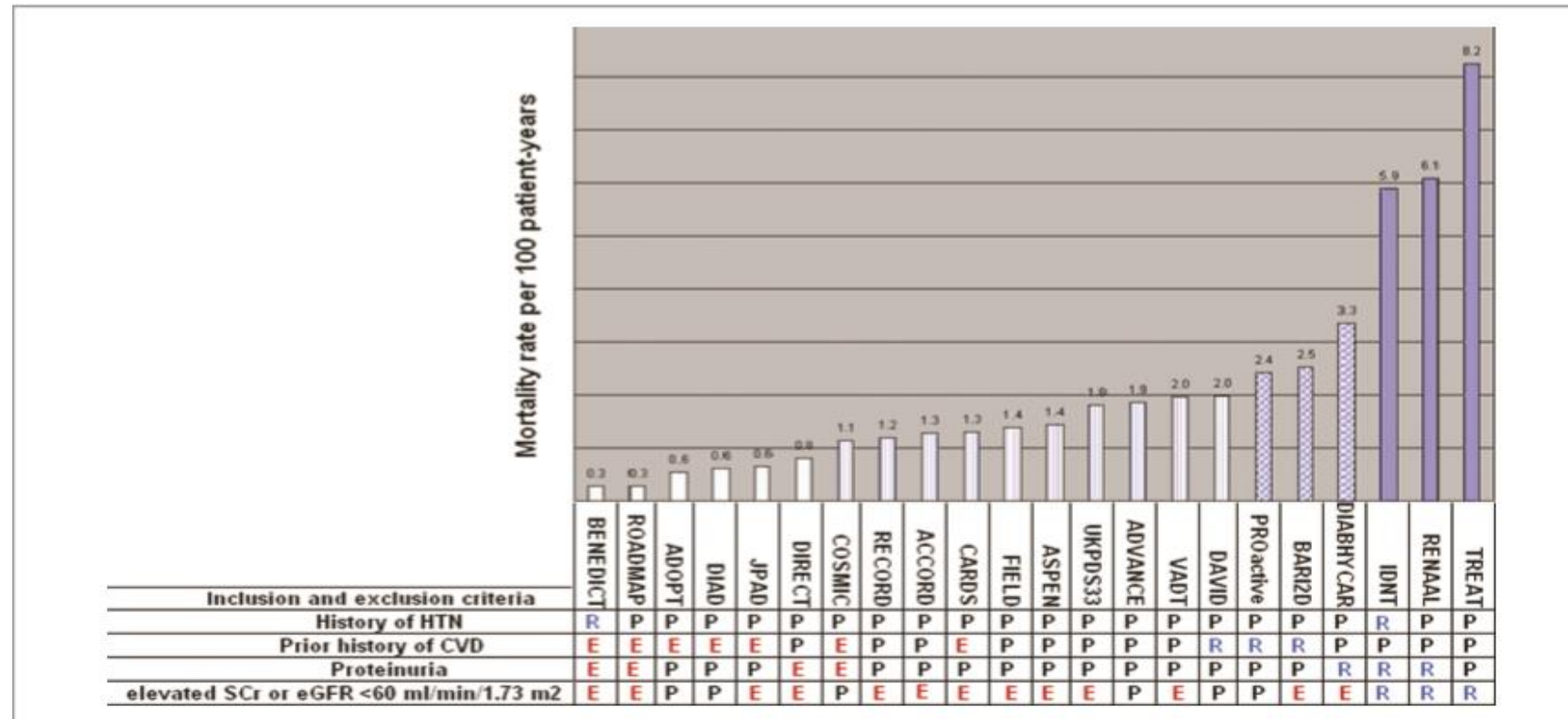
Figure 5: Relation between age and rates of AMI or death from any cause among men and women with diabetes

All lines fitted according to a polynomial equation. $R^2 > 0.97$ for each fitted line.

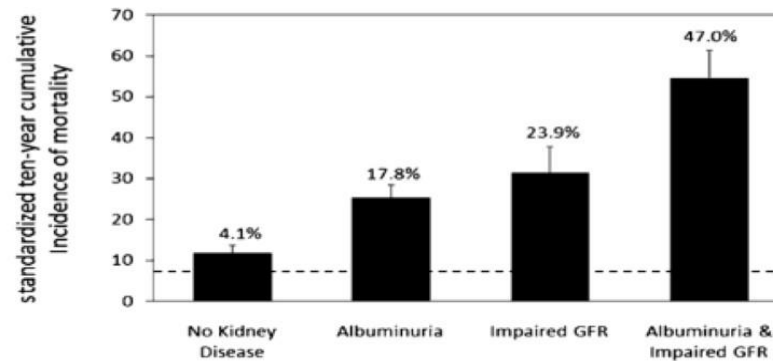


Mortality Rates in Trials of Subjects With Type 2 Diabetes

Ebrahim Barkoudah, MD; Hicham Skali, MD, MSc; Hajime Uno, PhD; Scott D. Solomon, MD; Marc A. Pfeffer, MD, PhD



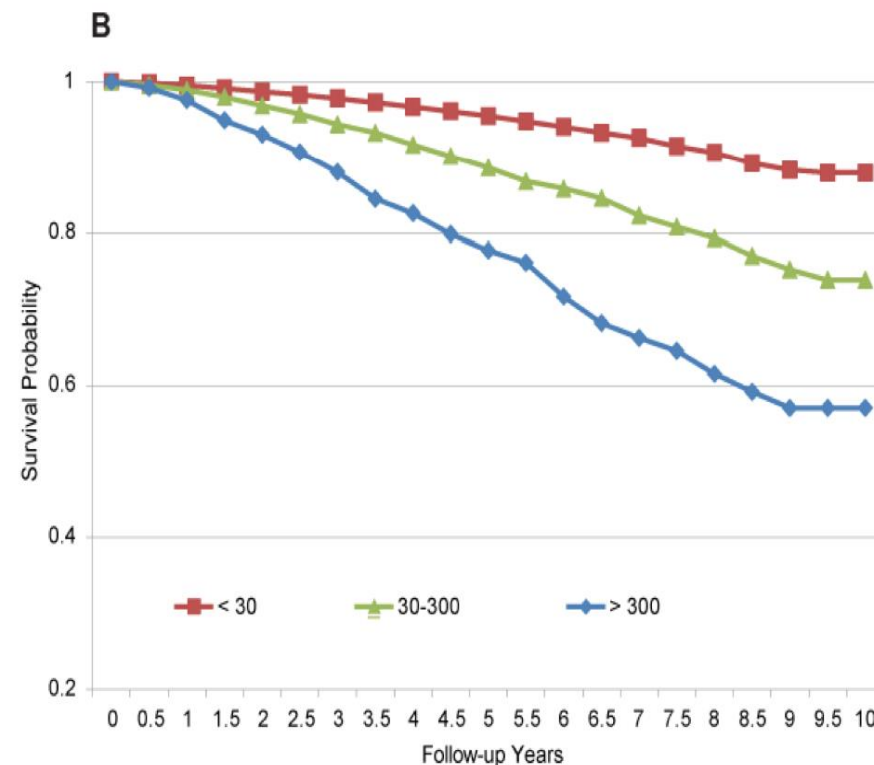
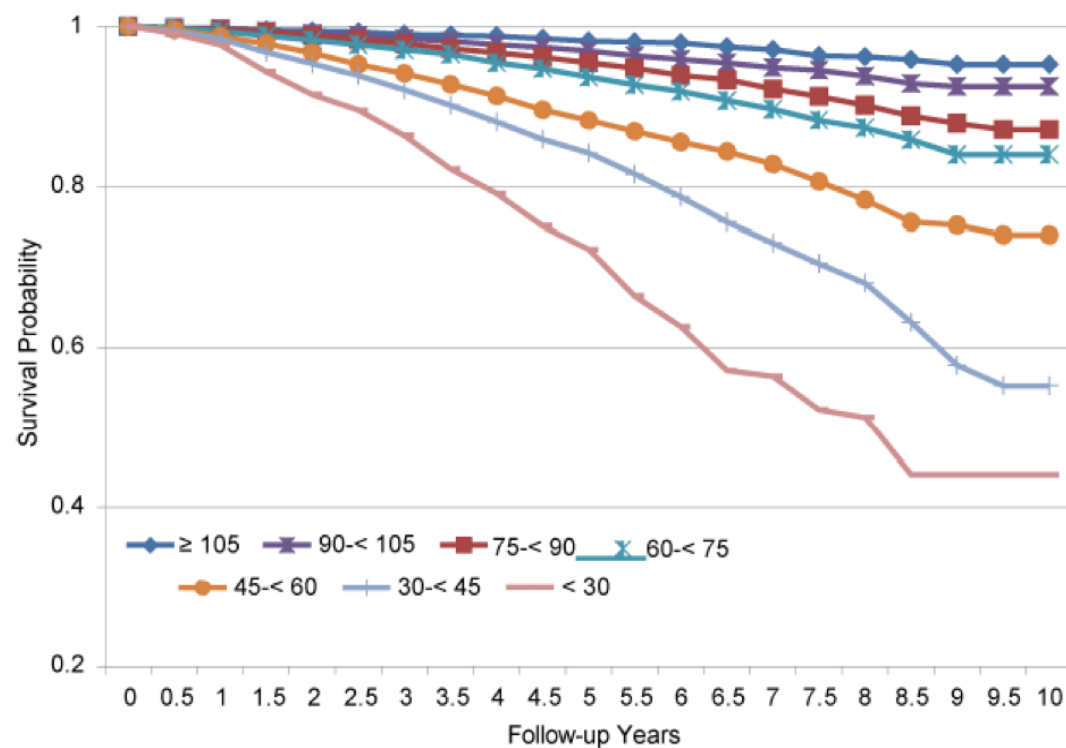
En importantes estudios epidemiológicos se ha demostrado que el incremento del riesgo cardiovascular en la población con diabetes es, sobre todo, a expensas de los pacientes que tienen deterioro de la función renal o albuminuria. Así, en pacientes con diabetes y función renal normal, el riesgo cardiovascular es semejante al de la población sin diabetes.



Afkarian et al. J Am Soc Nephrol. 2013; 24: 302-308.

The Synergistic Relationship between Estimated GFR and Microalbuminuria in Predicting Long-term Progression to ESRD or Death in Patients with Diabetes: Results from the Kidney Early Evaluation Program (KEEP)

Amit P. Amin, MD, MSc¹, Adam T. Whaley-Connell, DO, MSPH², Suying Li, PhD³, Shu-Cheng Chen, MS, MPH³, Peter A. McCullough, MD, MPH⁴, and Mikhail N. Kosiborod, MD⁵
On behalf of the KEEP Investigators*



Prevalencia estimada de insuficiencia renal crónica en España en pacientes con diabetes mellitus tipo 2

Pedro Luis de Pablos-Velasco^{a,*}, Francisco-Javier Ampudia-Blasco^b, Albert Cobos^{c,d}, Salvador Bergoñón^{c,e}, Pablo Pedrianes^a y en representación del Grupo de Investigadores DIABIR

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INFORMACIÓN

Historia del artículo

Recibido el 3 de julio

Aceptado el 22 de julio

On-line el 29 de diciembre

Palabras clave:

Diabetes mellitus

Insuficiencia renal

Diagnóstico

Factores de riesgo

Control metabólico

22,9% de pacientes con DM2 tienen IR (FG <60 mL/min)

Objetivo: El objetivo principal del estudio fue determinar la prevalencia actual de insuficiencia renal crónica (IRC) en pacientes ambulatorios con diabetes mellitus tipo 2 (DM2), en los servicios de Endocrinología a nivel nacional.

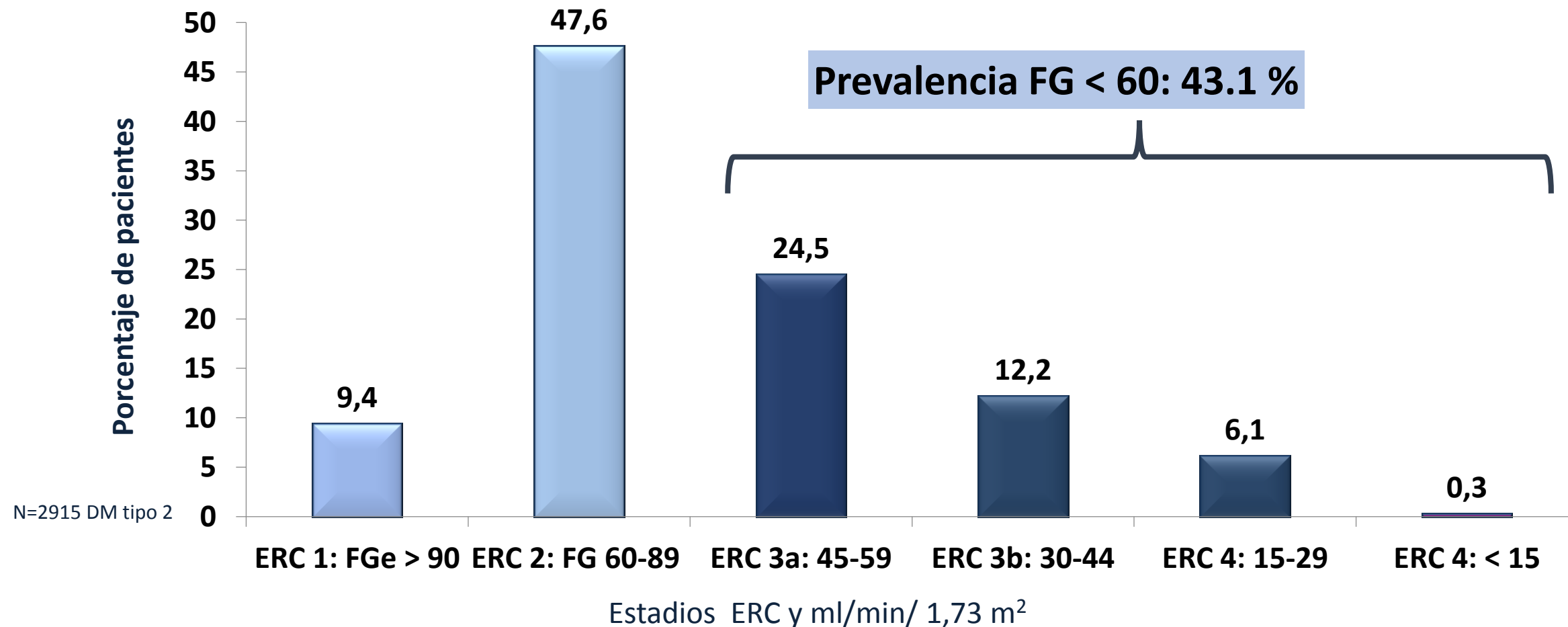
Diseño: Estudio con diseño observacional, transversal, multicéntrico y con recogida de datos de cada participante se registraron datos demográficos y antropométricos, de función renal, de factores de riesgo cardiovascular, comorbilidades y tratamientos. La presencia de IRC fue definida como un filtrado glomerular inferior a 60 mL/min/1,73 m², y se utilizó el método Modification in Diet in Renal Disease abreviado.

Resultados: Se incluyeron 541 pacientes con DM2 de ambos sexos (el 53% eran varones), con una edad media de 63 años (7,9) y una hemoglobina glucosilada media del 7,6% (1,3). La prevalencia (intervalo de confianza [IC] del 95%) de IRC fue del 22,9% (IC del 95%: 19,4–26,7), superior a la estimada previamente, que fue del 17% (IC del 95%: 3,9–8,0) ($p < 0,0001$). Como factores de riesgo de tener IRC se identificaron la edad (odds ratio [OR]: 2,07 [IC del 95%: 1,47–2,91] por cada 10 años de aumento), el sexo femenino (OR: 2,25 [IC del 95%: 1,36–3,71]) y la hiperuricemia (OR: 3,15 [IC del 95%: 1,56–6,37]). No hubo diferencias en el control metabólico entre los pacientes con IRC frente a sin IRC objetiva.

Conclusión: Un 22,9% de los pacientes con DM2 seguidos de manera ambulatoria por endocrinólogos presenta IRC y de esta población sólo está diagnosticada una cuarta parte. La determinación automatizada del aclaramiento de creatinina podría incrementar el porcentaje de diagnóstico y facilitar un mejor control metabólico en estos pacientes.

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Prevalencia de FGe < 60 ml/min/1,73 m² (CKD-EPI) en pacientes con diabetes mellitus tipo 2 ≥ 65 años

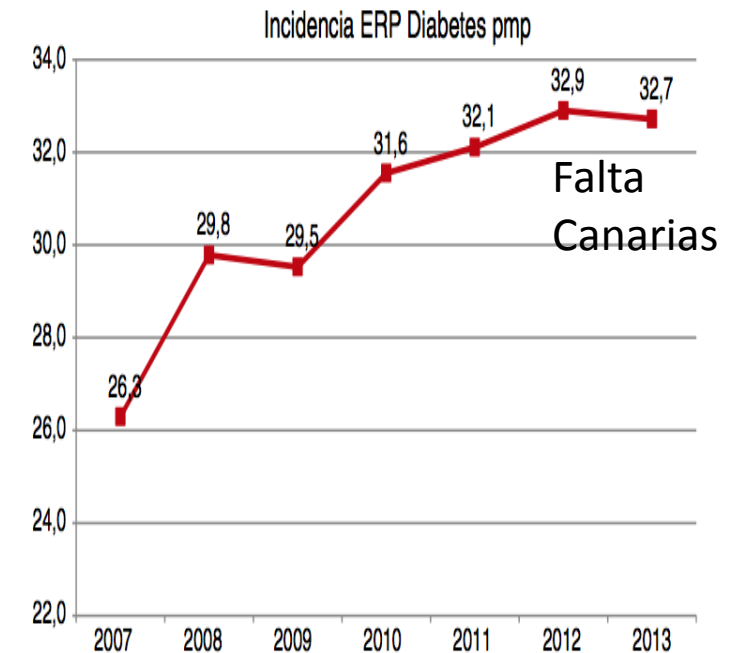
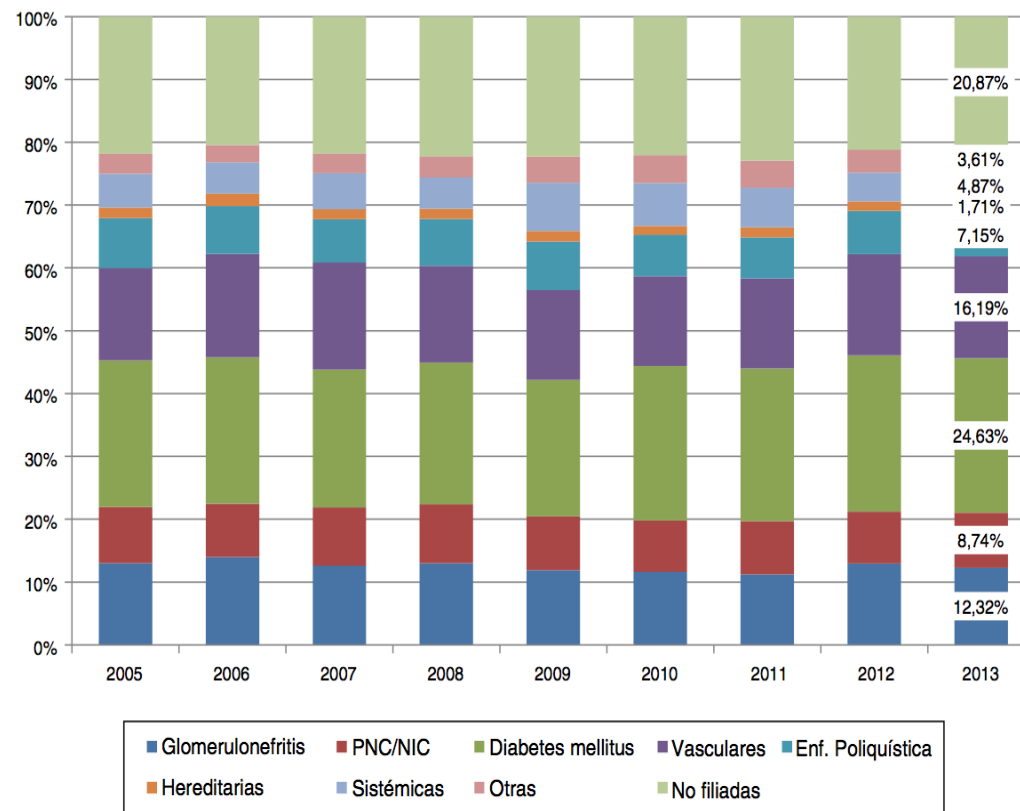


¿Qué tipo de paciente diabético se ve en Nefrología?

Artículo especial

**Registro Español de Enfermos Renales. Informe 2013
 y evolución 2007-2013**

Eduardo Martín Escobar (Coord.) * e Registro Español de Enfermos Renales (REER) ◇



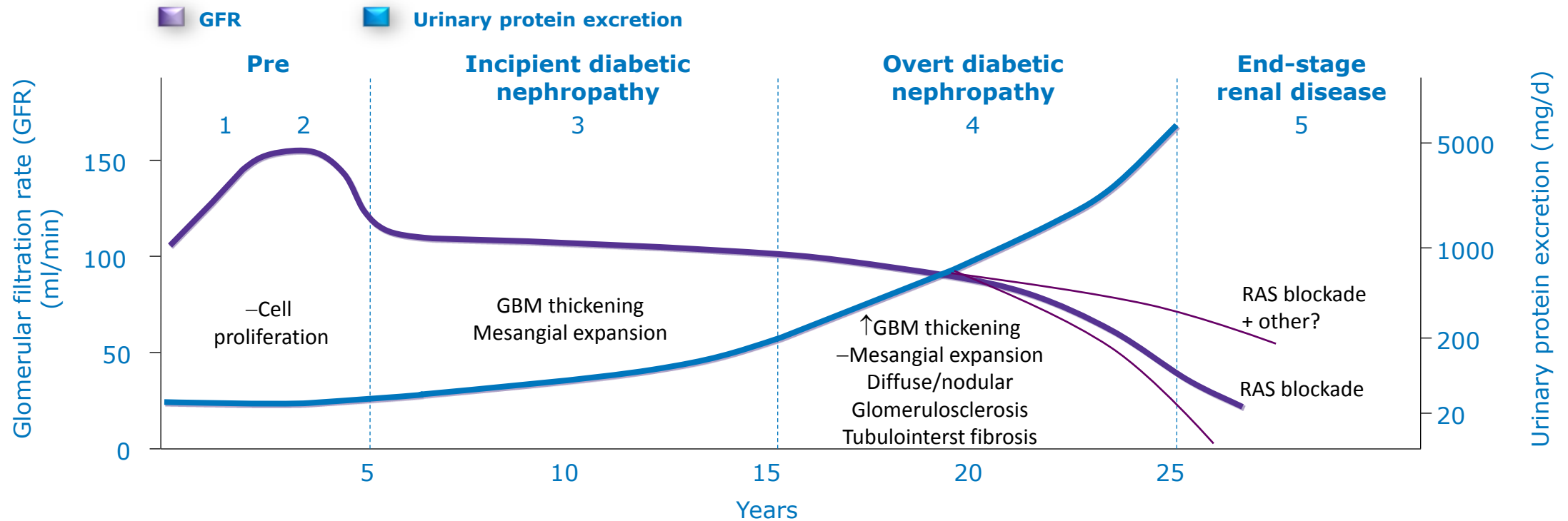
Características de los pacientes que se ven en Nefrología (Estudio MERENA)

	Toda la serie (%)	No D N=668	Diab N=461	p
Sexo (% varón)	64	62,4	66,6	0,17
Enf. Cardiovascular*	39,1	31,9	49,6	0.0001
Enf. coronaria	21,6	18,3	26,4	0,001
Enf. Vasc. Periférica	19,7	11,5	31,7	0,0001
Enf. cerebrovascular	12,2	11,4	13,6	0,18
Tabaquismo	9,6	10,8	7,9	0,014
Insuf. cardiaca	17,5	13,9	22,7	0,001
Filtrado glom estimado (ml/min/1,73 m²)	28 ± 8	27 ± 8	30 ± 9	0,001
Proteinuria (gr/dia)	1,2 ± 1,8	0,9 ± 1,2	1.7 ± 2,2	0,001

**Mortalidad en DM 2 a los 5 años: ERC 3: 12.7 % , ERC 4: 24 %
El 50 % han presentado acontecimientos CV**

*Enf cardiovascular: enf coronaria, ictus/AIT, enf vascular periférica

Historia natural de la nefropatía diabética



Functional changes	GFR ↑ (90-95%)	Microalbuminuria, hypertension	Proteinuria, nephrotic syndrome, GFR ↓
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Nonproteinuric Diabetic Nephropathy

When Diabetics Don't Read the Textbook

Jamie P. Dwyer, MD*, Julia B. Lewis, MD

KEYWORDS

• Diabetic nephropathy • Nonproteinuric • Normoalbuminuria

KEY POINTS

- The traditional clinical paradigm of diabetic nephropathy (DN) may not apply to all patients with diabetes and decreased renal function.
- A feature of the natural history of DN that is gaining renewed investigation is the progression from normoalbuminuria to proteinuria and then to renal failure.
- A subset of patients with presumed DN have minimal proteinuria.
- Mechanisms proposed to explain this finding include use of agents which block the renin-angiotensin system, bouts of acute kidney injury, genetic predisposition, and other non-diabetic kidney diseases.

J. Clin. Med. **2015**, *4*, 1207–1216; doi:10.3390/jcm4061207

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Review

The Concept and the Epidemiology of Diabetic Nephropathy Have Changed in Recent Years

Alberto Martínez-Castelao ^{1,*}, Juan F. Navarro-González ², José Luis Górriz ³
and Fernando de Alvaro ⁴

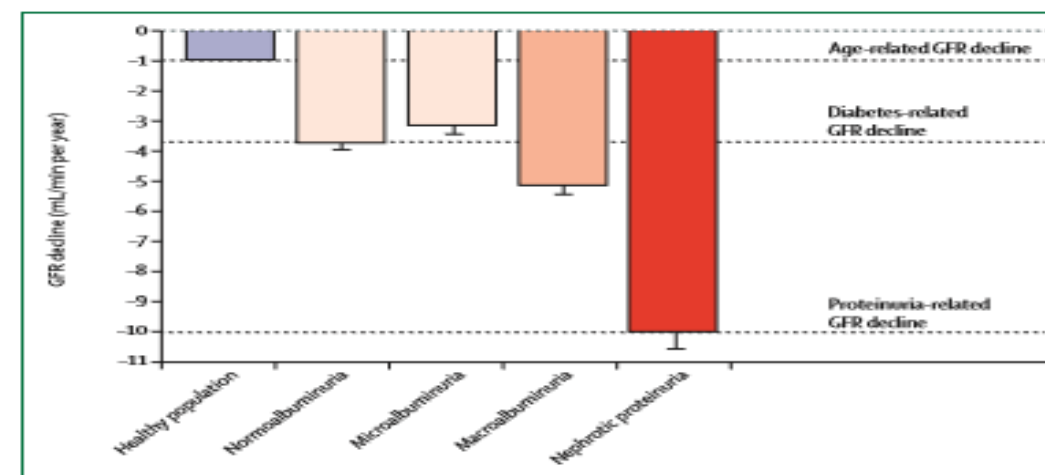
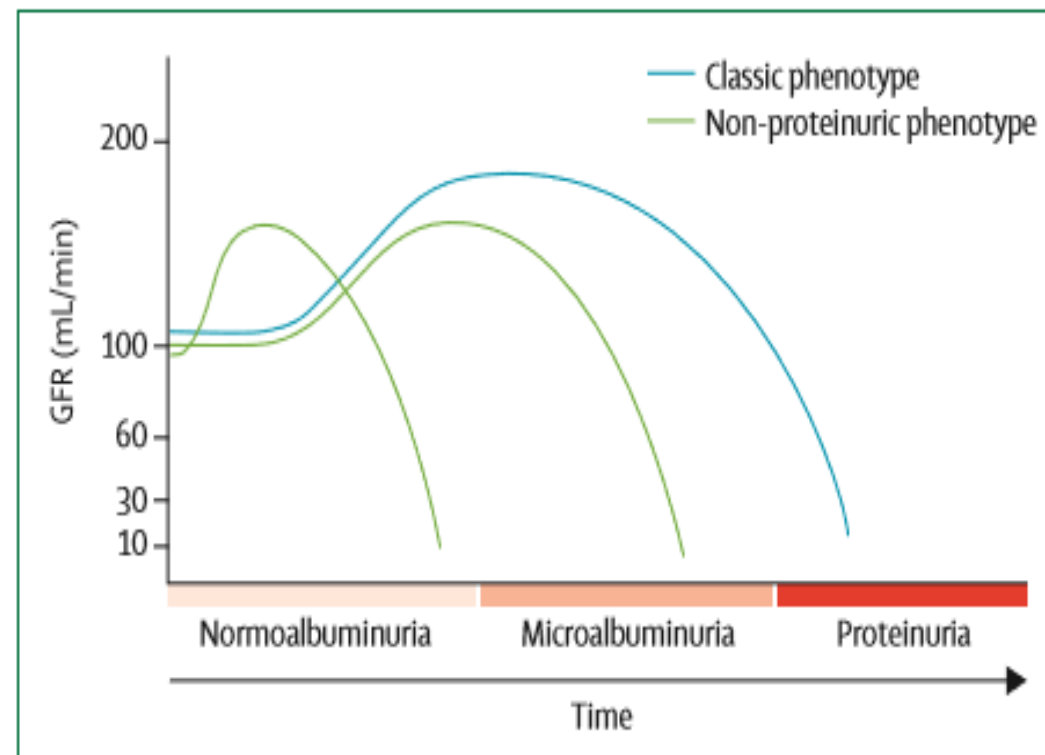


Non-proteinuric pathways in loss of renal function in patients with type 2 diabetes

Esteban Porrini, Piero Ruggerenti, Carl Erik Mogensen, Drazenka Pongrac Barlovic, Manuel Praga, Josep M Cruzado, Radovan Hojs, Manuela Abbate, Aiko P J de Vries, for the ERA-EDTA diabetes working group.

Lancet Diabetes Endocrinol
2015; *3*: 382–91

	N	Outcomes		Comments
		GFR < 60 mL/min per 1.73 m ²	Albuminuria/proteinuria	
Cross-sectional studies				
Kramer et al (2003) ²⁷ (NAHES 1988-1994)	1197	171 (14%)	36% normoalbuminuria 45% microalbuminuria 19% macroalbuminuria or proteinuria	28% retinopathy; 30% no retinopathy plus microalbuminuria or microalbuminuria; similar results excluding users of ACE inhibitors
MacIsaac et al (2004) ²⁸	301	109 (36%)*	39% normoalbuminuria 35% microalbuminuria 26% macroalbuminuria or proteinuria	Chronic kidney disease, normoalbuminuria and microalbuminuria more common in women than men; 26% retinopathy in normoalbuminuria and 50% in microalbuminuria; use of ACE inhibitors >70%
So et al (2006) ²⁹	4421	528 (12%)	14% normoalbuminuria 26% microalbuminuria 60% macroalbuminuria or proteinuria	56% retinopathy; use of ACE inhibitors 60%
Yokoyama et al (2009) ³⁰	3297	506 (15%)	52% normoalbuminuria 21% microalbuminuria 27% macroalbuminuria or proteinuria	Risk factors: female sex, obesity, triglyceride concentrations, smoking, cardiovascular disease, hypertension, retinopathy.
Thomas et al (2009) ³¹ (NEPHRON 11)	3892	920 (23%)	55% normoalbuminuria 32% microalbuminuria 13% macroalbuminuria or proteinuria	Female sex a risk factor; 14% retinopathy; use of ACE inhibitors >80%
Penno et al (2011) ³² (RIACE study)	15773	2959 (19%)	57% normoalbuminuria 31% microalbuminuria 13% macroalbuminuria or proteinuria	Risk factors: female sex, obesity, triglyceride concentrations, hypertension 32% retinopathy; 43% no retinopathy plus microalbuminuria or proteinuria; use of ACE inhibitors >70%
Dwyer et al (2012) ³³ (DEMAND study)	11573	2586 (22%)	40% normoalbuminuria 47% microalbuminuria 13% macroalbuminuria or proteinuria	Risk factors: female sex, hypertension, retinopathy, dyslipidaemia, smoking, hyperglycaemia
Mottl et al (2013) ³⁴ (NAHES 2001-2008)	2798	575 (21%)	52% normoalbuminuria 48% microproteinuria	Chronic kidney disease, normoalbuminuria and microalbuminuria more frequent in women than in men; hypertension and hyperglycaemia were protective factors
Boronat et al (2014) ³⁵	--	78 (GFR <30 mL/min)	22% normoalbuminuria 20% microalbuminuria 58% proteinuria	Female sex a risk factor; hyperglycaemia and polyneuropathy were protective factors; 29% retinopathy in normoalbuminuria, 53% in microalbuminuria or proteinuria
Cohort studies				
Retnakaran et al (2006) ³⁶ (UKPDS-74)	4006	575 (14%)	977 (24%) microalbuminuria, macroalbuminuria and proteinuria combined	557 (14%) developed chronic kidney disease and microalbuminuria or macroalbuminuria; follow-up: 15 years; risk factors: female sex, smoking, systolic BP; reduced GFR preceded microalbuminuria in 16% of cases
Bash et al (2009) ³⁷ (ARIC study)	1871*	361 (19%)	No information	Follow-up: 11 years; 53% with retinopathy; 47% without retinopathy; 29% retinopathy plus microalbuminuria or macroalbuminuria
Afghahi et al (2011) ³⁸ (NDR study)	3667	290 (8%)	612 (17%) microalbuminuria, macroalbuminuria and proteinuria combined	117 (3%) developed chronic kidney disease and microalbuminuria or macroalbuminuria; follow-up: 5 years; risk factors: female sex, triglyceride concentrations, systolic BP



Consideraciones...

HAY SITUACIONES EN LAS QUE LA HIPERFILTRACIÓN GENERA DETERIORO DE FUNCIÓN RENAL SIN ALBUMINURIA

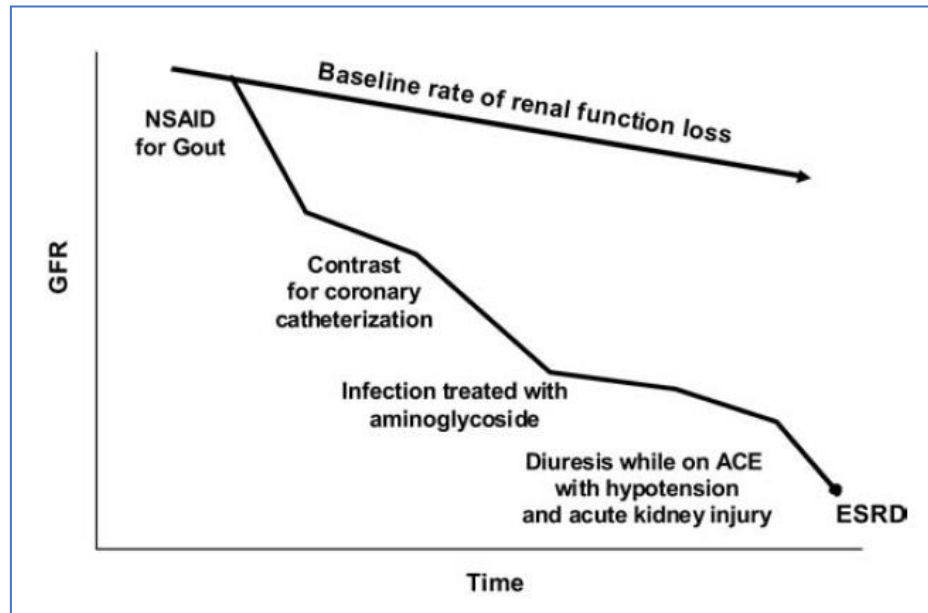
EL BUEN CONTROL DE LA TA, GLUCEMIA, USO DEL BSRAA HAN CAMBIADO LA HISTORIA NATURAL DE LA ENFERMEDAD

LOS POCOS ESTUDIOS CON BIOPSIA RENAL DE PACIENTES DIABÉTICOS SIN PROTEINURIA PERO CON ERC HACEN PENSAR QUE PODEMOS ESTAR INFRAESTIMANDO OTRAS PATOLOGÍAS RENALES

EL ELEVADO RIESGO CARDIOVASCULAR DEL DIABÉTICO LE HACE MÁS VULNERABLE AL FRA

OPTIMIZAR LA "SEGURIDAD RENAL" DEL PACIENTE PUEDE PREVENIR LA PROGRESIÓN ACELERADA DE LA INSUFICIENCIA RENAL

EFFECTOS PREVENIBLES Y ASOCIADOS A LA "SEGURIDAD RENAL" DEL PACIENTE



NARRATIVE REVIEW *Am J Kidney Dis* 53:681-688. © 2009

CKD as an Underrecognized Threat to Patient Safety

Jeffrey C. Fink, MD,^{1,2} Jeanine Brown, MS,¹ Van Doren Hsu, PharmD,³ Stephen L. Seliger, MD,^{1,2}
James Walker, DO,³ and Michael Rhee,^{1,2}

CKD IS A HIGH-RISK CONDITION FOR ADVERSE SAFETY EVENTS

1. Medication errors²³⁻²⁶
 - a. Improper dosing
 - b. Inappropriate prescription
 - c. Inadequate monitoring
2. Hyperkalemia^{27,28}
3. Hypoglycemia^{29,30}
4. Other electrolyte intoxication
 - a. Hypermagnesemia^{31,32}
 - b. Hyperphosphatemia³³
5. Diagnostic testing
 - a. Iodinated contrast^{34,35}
 - b. Gadolinium³⁶
6. Cardiovascular disease
 - a. Missed diagnoses³⁷
 - b. Improper management (hemorrhage, restenosis)^{38,39}
7. Fluid, RAAS blocker, diuretic mismanagement⁴⁰⁻⁴²
 - a. Hypotension
 - b. Azotemia
 - c. CHF exacerbation
8. Acute kidney injury⁴³⁻⁴⁵
9. Miscellaneous
 - a. Hip fracture⁴⁶
 - b. Deep vein thrombosis⁴⁷
 - c. Multiresistant bacterial infection⁴⁸

La progresión de la enfermedad renal puede verse afectada por procesos intercurrentes que pueden prevenirse, como puede ser el uso de antiinflamatorios, determinados antibióticos, u optimizar las pruebas diagnósticas de los pacientes, entre otras.



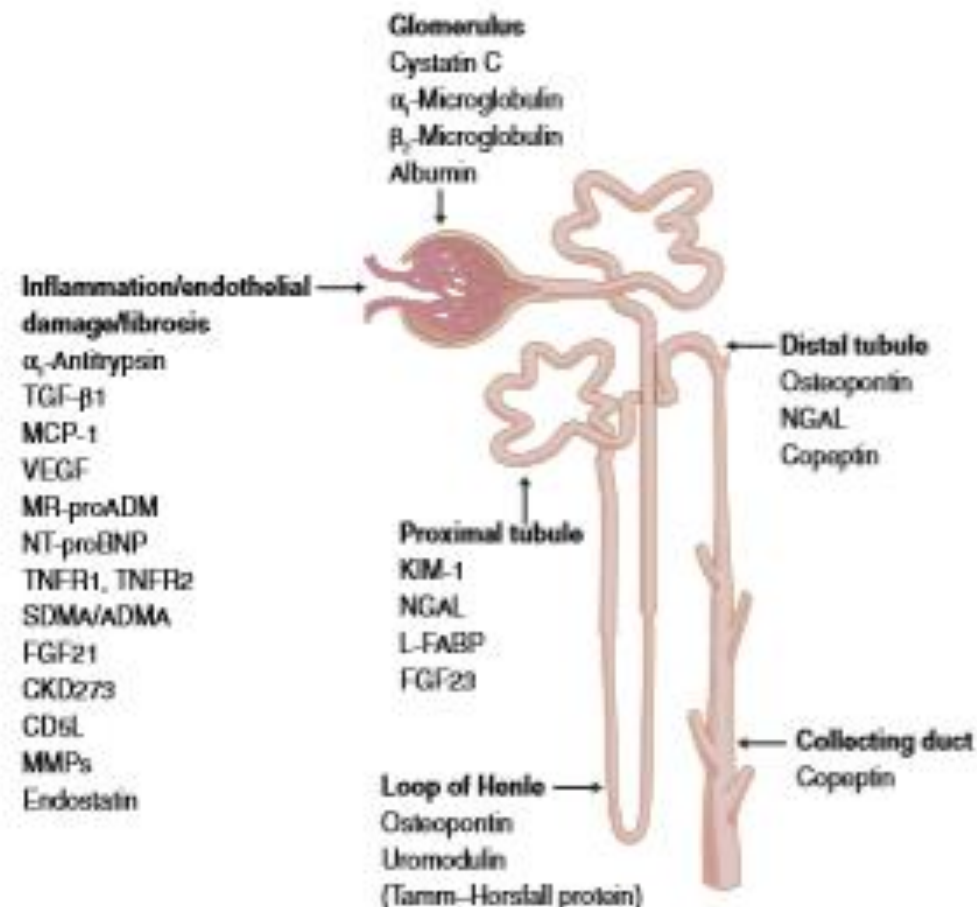
Biomarkers of diabetic kidney disease

Helen M. Colhoun¹ · M. Loredana Marcovecchio²

Received: 24 October 2017 / Accepted: 3 January 2018 / Published online: 8 March 2018
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Abstract

Diabetic kidney disease (DKD) remains one of the leading causes of reduced lifespan in diabetes. The quest for both prognostic and surrogate endpoint biomarkers for advanced DKD and end-stage renal disease has received major investment and interest in recent years. However, at present no novel biomarkers are in routine use in the clinic or in trials. This review focuses on the current status of prognostic biomarkers. First, we emphasise that albuminuria and eGFR, with other routine clinical data, show at least modest prediction of future renal status if properly used. Indeed, a major limitation of many current biomarker studies is that they do not properly evaluate the marginal increase in prediction on top of these routinely available clinical data. Second, we emphasise that many of the candidate biomarkers for which there are numerous sporadic reports in the literature are tightly correlated with each other. Despite this, few studies have attempted to evaluate a wide range of biomarkers simultaneously to define the most useful among these correlated biomarkers. We also review the potential of high-dimensional panels of lipids, metabolites and proteins to advance the field, and point to some of the analytical and post-analytical challenges of taking initial studies using these and candidate approaches through to actual clinical biomarker use.



El paciente diabético con afectación renal tiene un riesgo cardiovascular muy elevado

Cada vez es más consistente el cambio de nombre hacia enfermedad renal diabética

Todavía no hay un marcador mejor ni más precoz que la albuminuria

¿ Qué han aportado desde el punto de vista renal los nuevos ADOS?

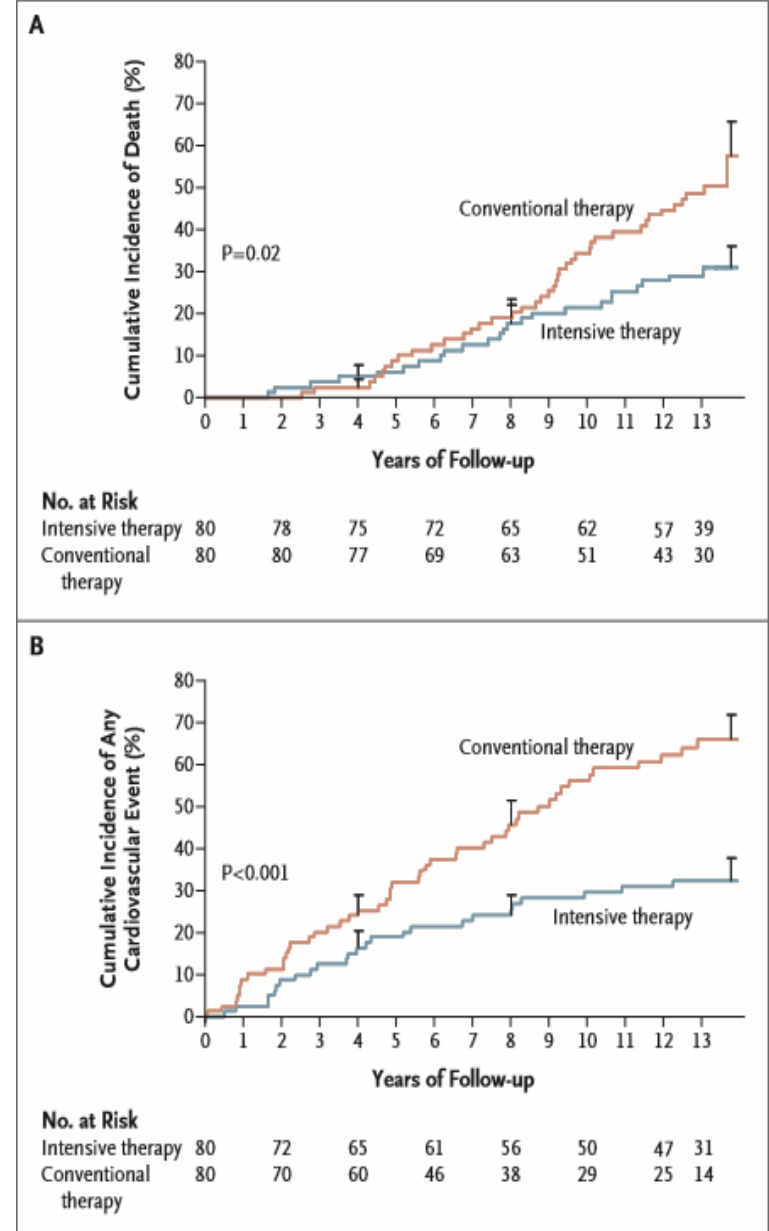
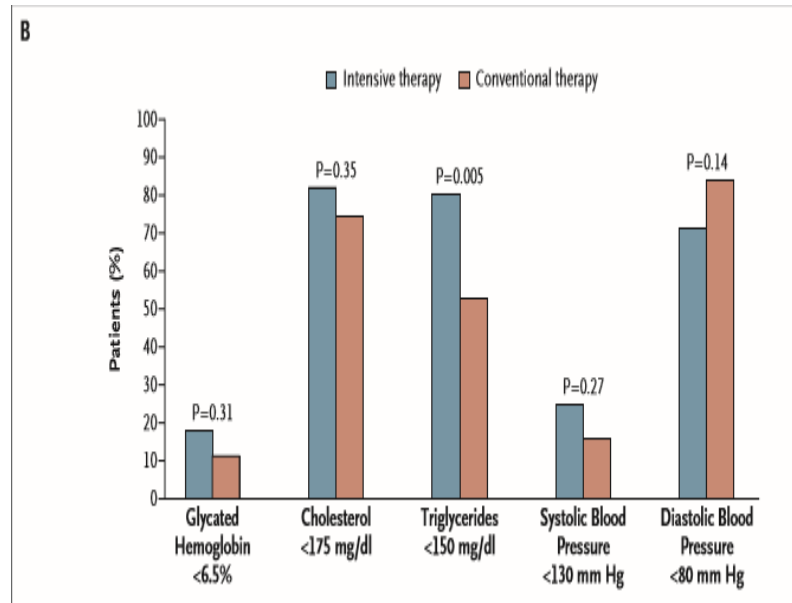
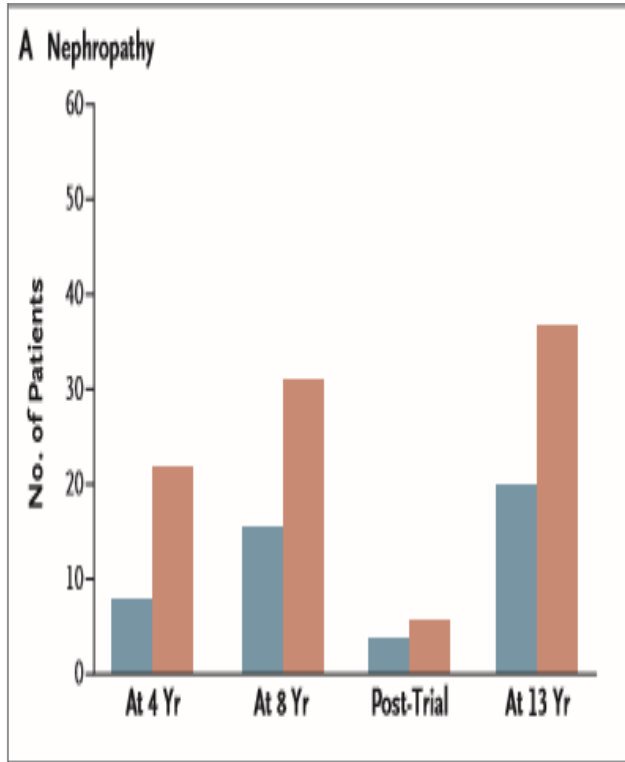
Objetivos terapéuticos en el paciente con nefropatía diabética

- **HbA1c < 7%** en el DM no complicado.
- Control **más estricto** en aquellos pacientes con DM de corta duración, expectativas de vida prolongada y sin enfermedad cardiovascular (ECV) significativa.
- **Objetivos de HbA1c menos estrictos (<8%)** en pacientes con antecedentes de hipoglicemias severas, escasa esperanza de vida y/o complicaciones micro y macrovasculares severas.
- Estatinas: Intensidad moderada, o alta en función de edad, ECV y factores de riesgo CV.
 - El único grupo que no recibiría estatina serían los < 40 años sin ECV ni FRV
- Aspirina 75-162 mg/día en todo DM con riesgo CV > 10% a los 10 años. (varones > 50 años y mujeres > 60 años con un factor de riesgo adicional)
- **Aspirina 75-162 mg/día** en todo DM con historia de ECV
- **Aspirina y clopidogrel durante un año** tras síndrome coronario agudo

ORIGINAL ARTICLE

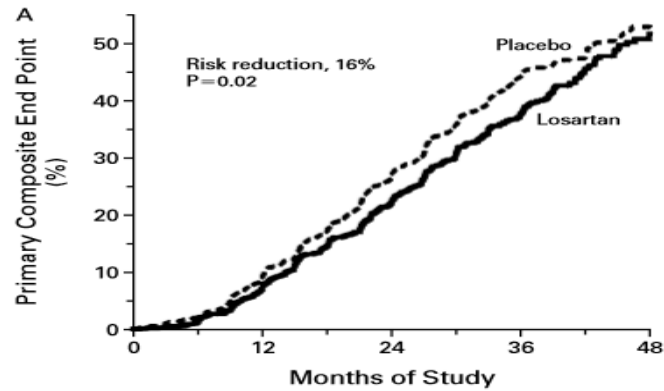
Effect of a Multifactorial Intervention on Mortality in Type 2 Diabetes

Peter Gæde, M.D., D.M.Sc., Henrik Lund-Andersen, M.D., D.M.Sc.,
Hans-Henrik Parving, M.D., D.M.Sc., and Oluf Pedersen, M.D., D.M.Sc.

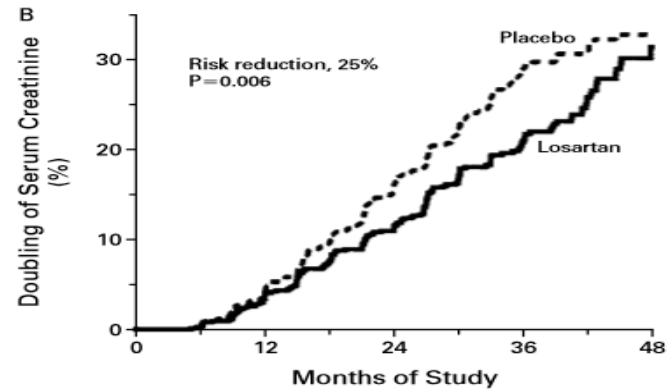


EFFECTS OF LOSARTAN ON RENAL AND CARDIOVASCULAR OUTCOMES
IN PATIENTS WITH TYPE 2 DIABETES AND NEPHROPATHY

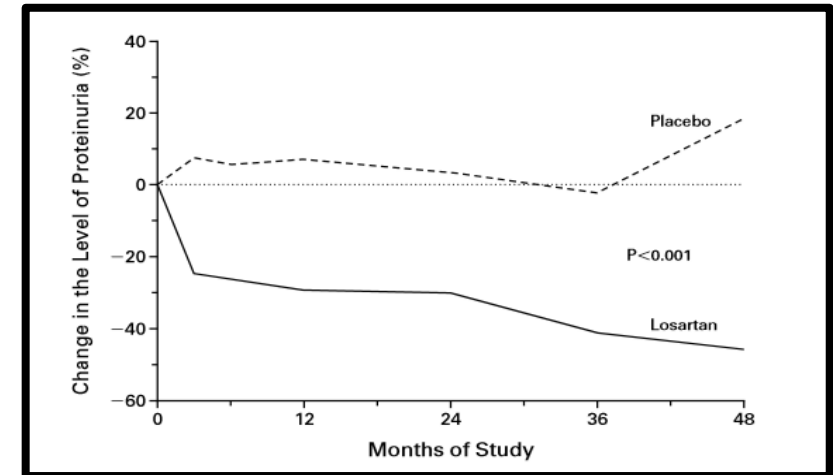
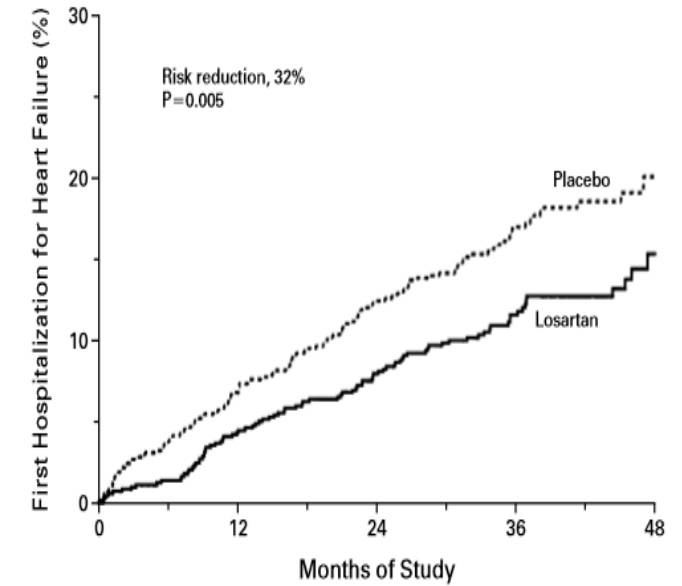
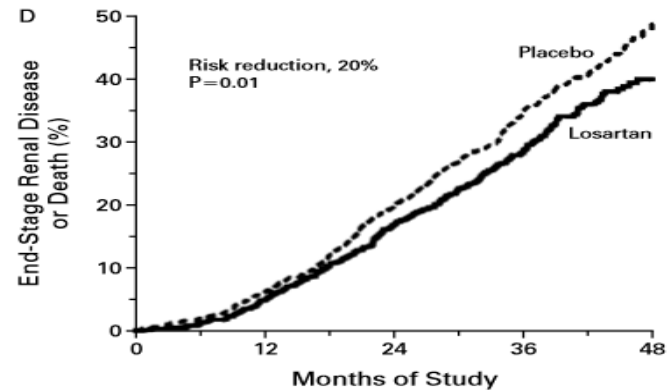
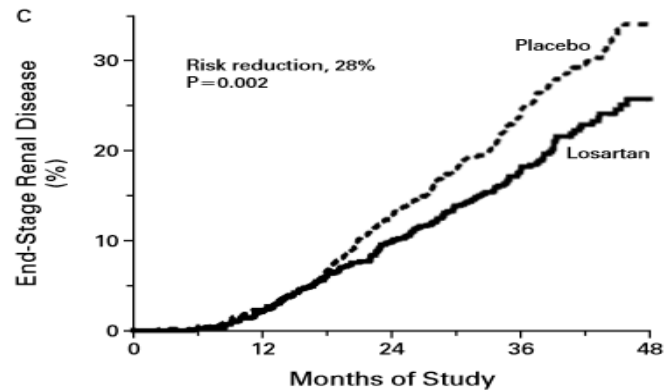
BARRY M. BRENNER, M.D., MARK E. COOPER, M.D., PH.D., DICK DE ZEEUW, M.D., PH.D., WILLIAM F. KEANE, M.D.,
WILLIAM E. MITCH, M.D., HANS-HENRIK PARVING, M.D., GIUSEPPE REMUZZI, M.D., STEVEN M. SNAPINN, PH.D.,
ZHONXIN ZHANG, PH.D., AND SHAHNAZ SHAHINFAR, M.D., FOR THE RENAAL STUDY INVESTIGATORS*



No. AT Risk					
Placebo	762	689	554	295	36
Losartan	751	692	583	329	52



No. AT Risk					
Placebo	762	689	554	295	36
Losartan	751	692	583	329	52



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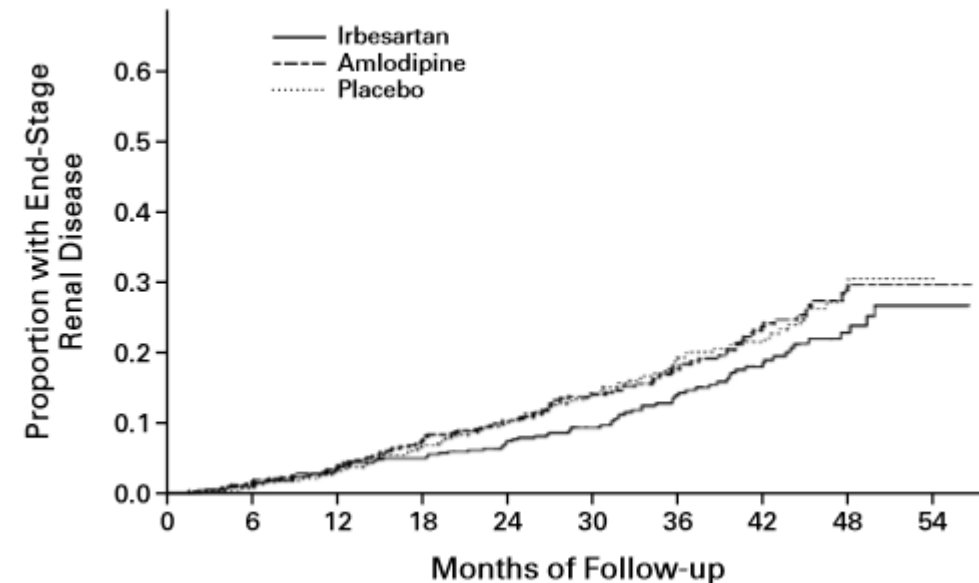
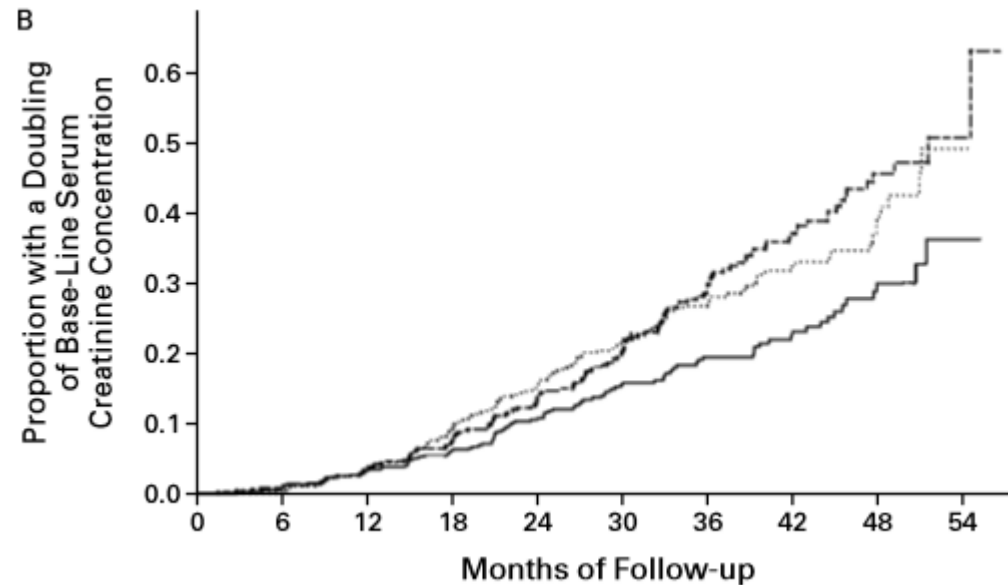
SEPTEMBER 20, 2001

NUMBER 12



RENOPROTECTIVE EFFECT OF THE ANGIOTENSIN-RECEPTOR ANTAGONIST IRBESARTAN IN PATIENTS WITH NEPHROPATHY DUE TO TYPE 2 DIABETES

EDMUND J. LEWIS, M.D., LAWRENCE G. HUNSICKER, M.D., WILLIAM R. CLARKE, PH.D., TOMAS BERL, M.D.,
MARC A. POHL, M.D., JULIA B. LEWIS, M.D., EBERHARD RITZ, M.D., ROBERT C. ATKINS, M.D., RICHARD ROHDE, B.S.,
AND ITAMAR RAZ, M.D., FOR THE COLLABORATIVE STUDY GROUP*



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Effects of Intensive Glucose Lowering in Type 2 Diabetes

The Action to Control Cardiovascular Risk in Diabetes Study Group*

THE NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

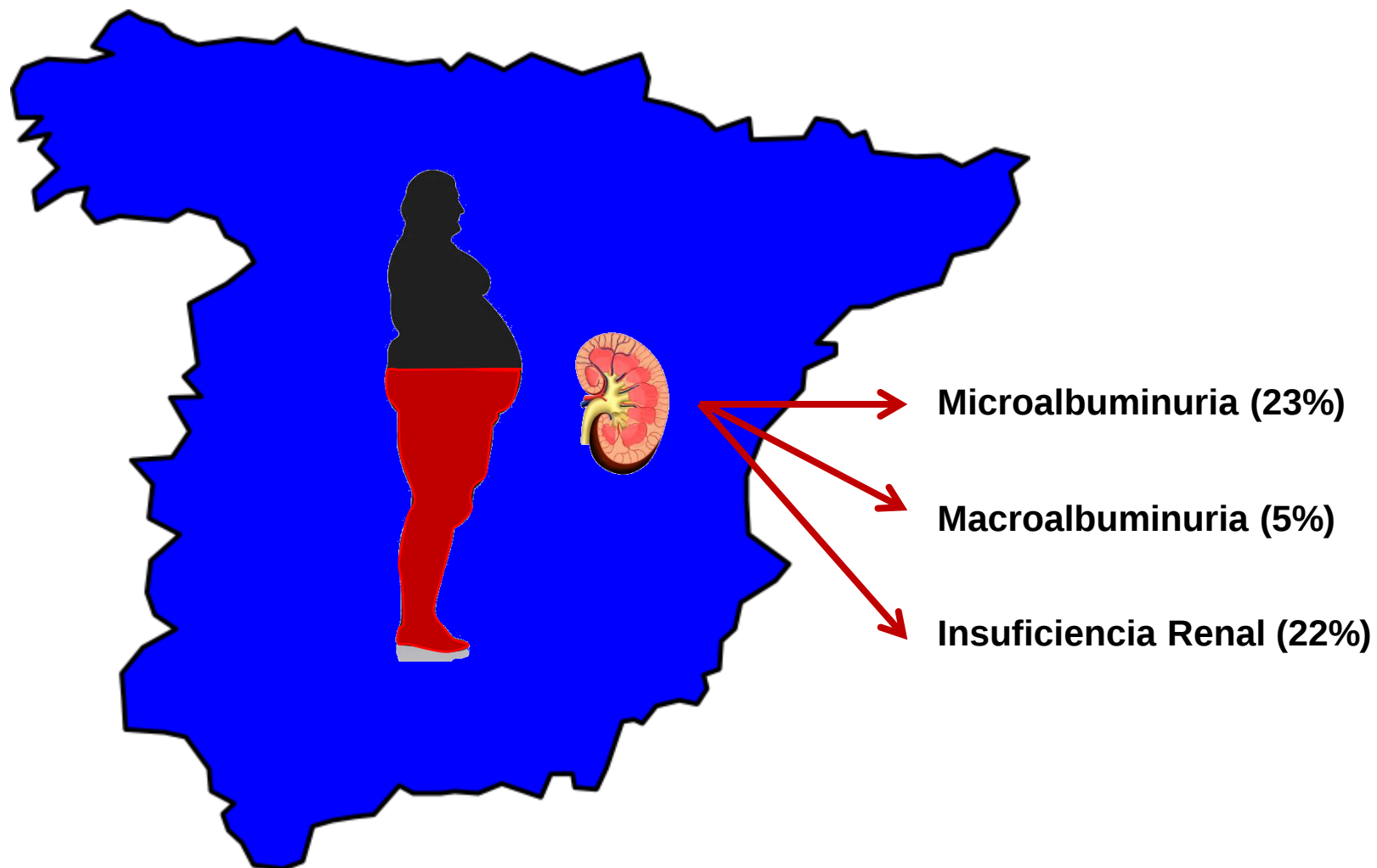
Intensive Blood Glucose Control and Vascular
Outcomes in Patients with Type 2 Diabetes

The ADVANCE Collaborative Group*

Articles

**Intensive blood-glucose control with sulphonylureas or insulin
compared with conventional treatment and risk of complications
in patients with type 2 diabetes (UKPDS 33)**

UK Prospective Diabetes Study (UKPDS) Group*



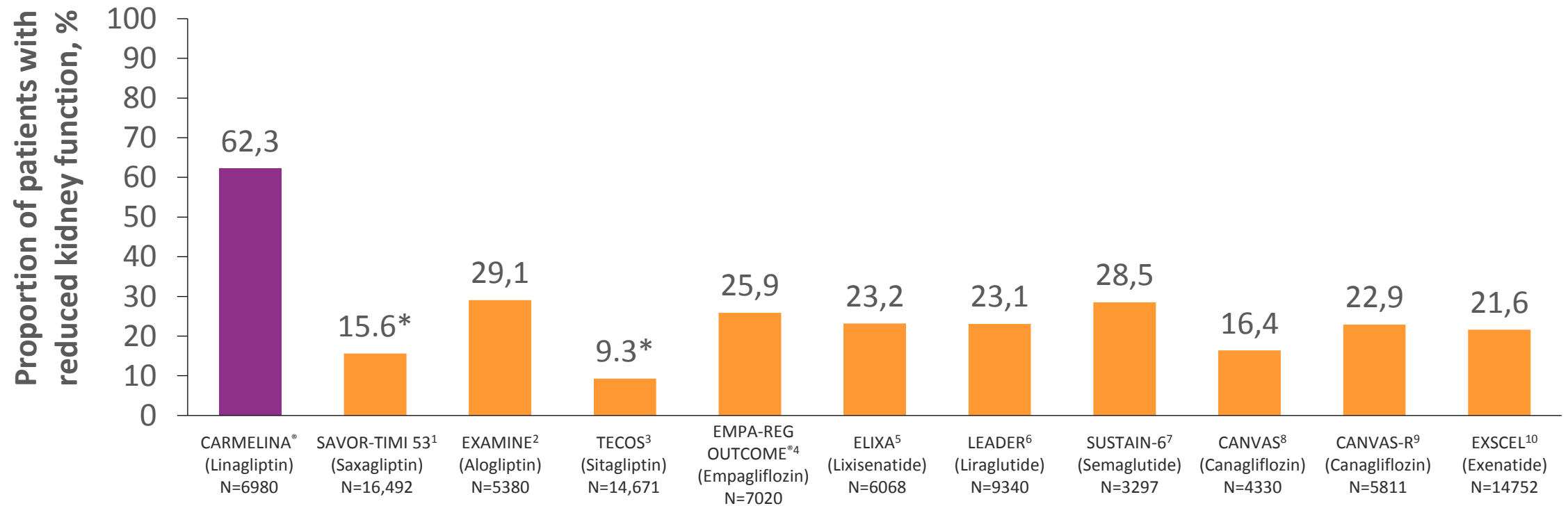
La Diabetes es la 1ª causa de insuficiencia renal terminal en España
El 34% de pacientes que empiezan tratamiento renal sustitutivo son diabéticos

¿EXISTEN BENEFICIOS RENALES MAS ALLÁ DEL CONTROL DE LA GLUCEMIA EN LOS HIPOGLUCEMIANTES?

Fármaco	Beneficios mas allá de la glucemia
Insulina	No
Glinidas (repaglinida)	No
Pioglitazona	No
Algunas sulfonilureas (gliclazida, glimepirida)	No
inhib α -glucosidasa	No
Inhibidores DPP4	No
iSGLT2	Indicación según FT y Filtrado glomerular
Agonistas GLP1r	Liraglutida Semaglutida

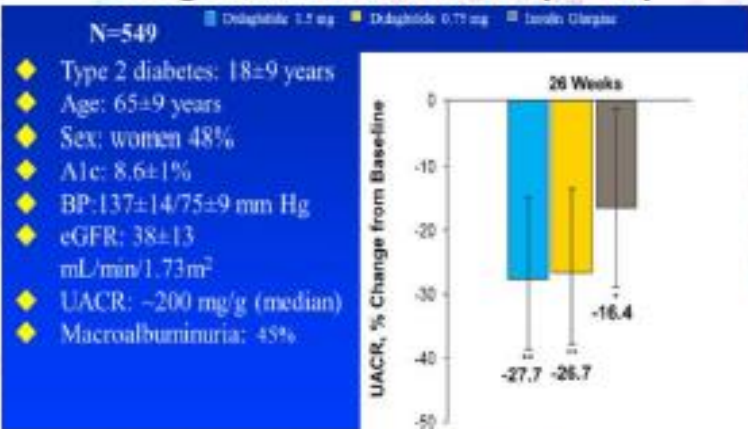
*iSGL2 no indicados en FT si $FG < 45 \text{ ml/min/1.73 m}^2$ o Dapa si $FGe < 60 \text{ ml/min/1.73 m}^2$

PROPORTION OF CVOT POPULATIONS WITH REDUCED KIDNEY FUNCTION AT BASELINE (eGFR <60 ML/MIN/1.73 M²)



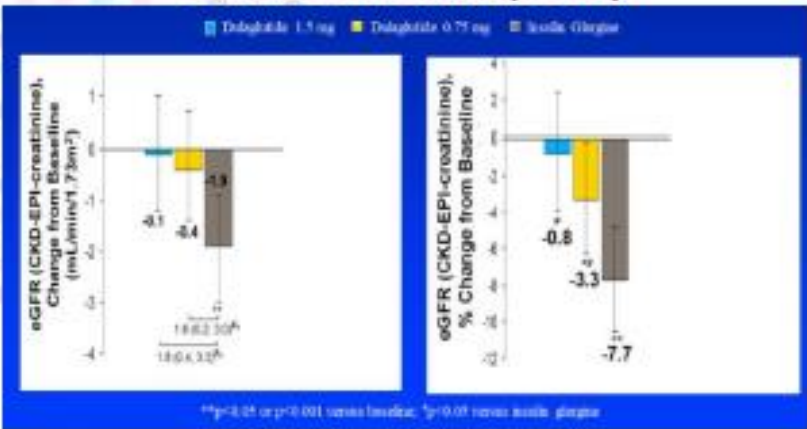
GLP-1 Receptor Agonists

Reducción de Alb en ERC 3-4 con dulaglutida vs. insulina (26 w)



Tuttle KR, et al. ADA 2017. Late-breaking clinical trials

Menor descenso de FGe en ERC 3-4 con Dula vs. insulina (26 w)



Semaglutida y liraglutida en DM2 de alto RCV: inicio o empeoramiento de nefropatía

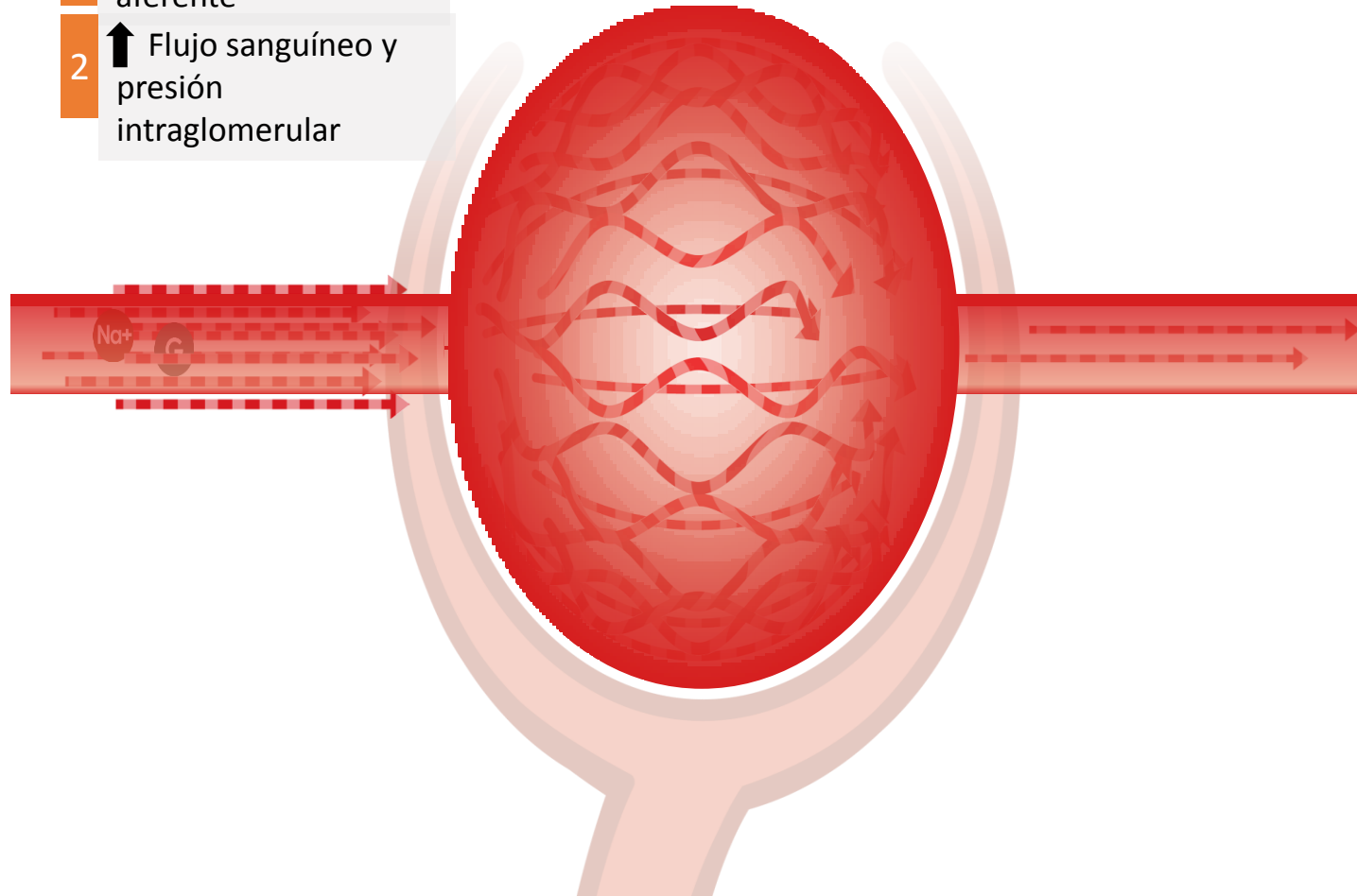
Semaglutida (N=1648)		Placebo (N=1649)		Hazard Ratio (95% CI)	P value
no. (%)	no./100 person-yr	no. (%)	no./100 person-yr		
62 (3.8)	1.86	100 (6.1)	3.06	-36% 0.64 (0.46-0.88)	0.005

Liraglutida (N=1648)		Placebo (N=1649)		Hazard Ratio (95% CI)	P value
no. (%)	no./100 person-yr	no. (%)	no./100 person-yr		
268 (5.7)	1.5	337 (7.2)	1.9	-22% 0.78 (0.67-0.92)	0.003

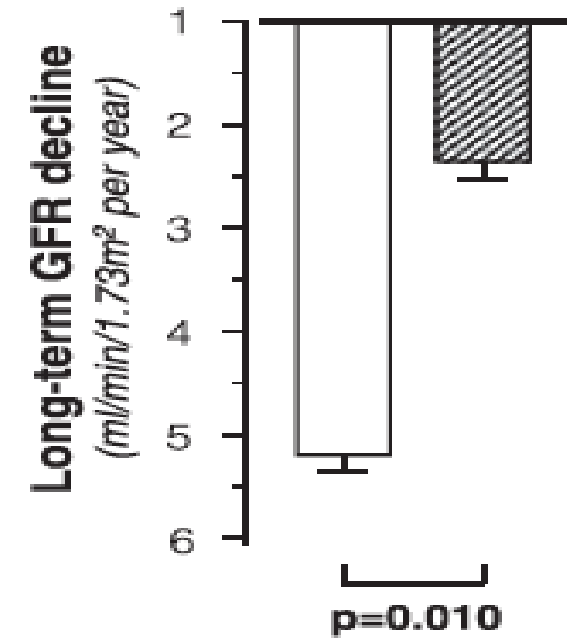
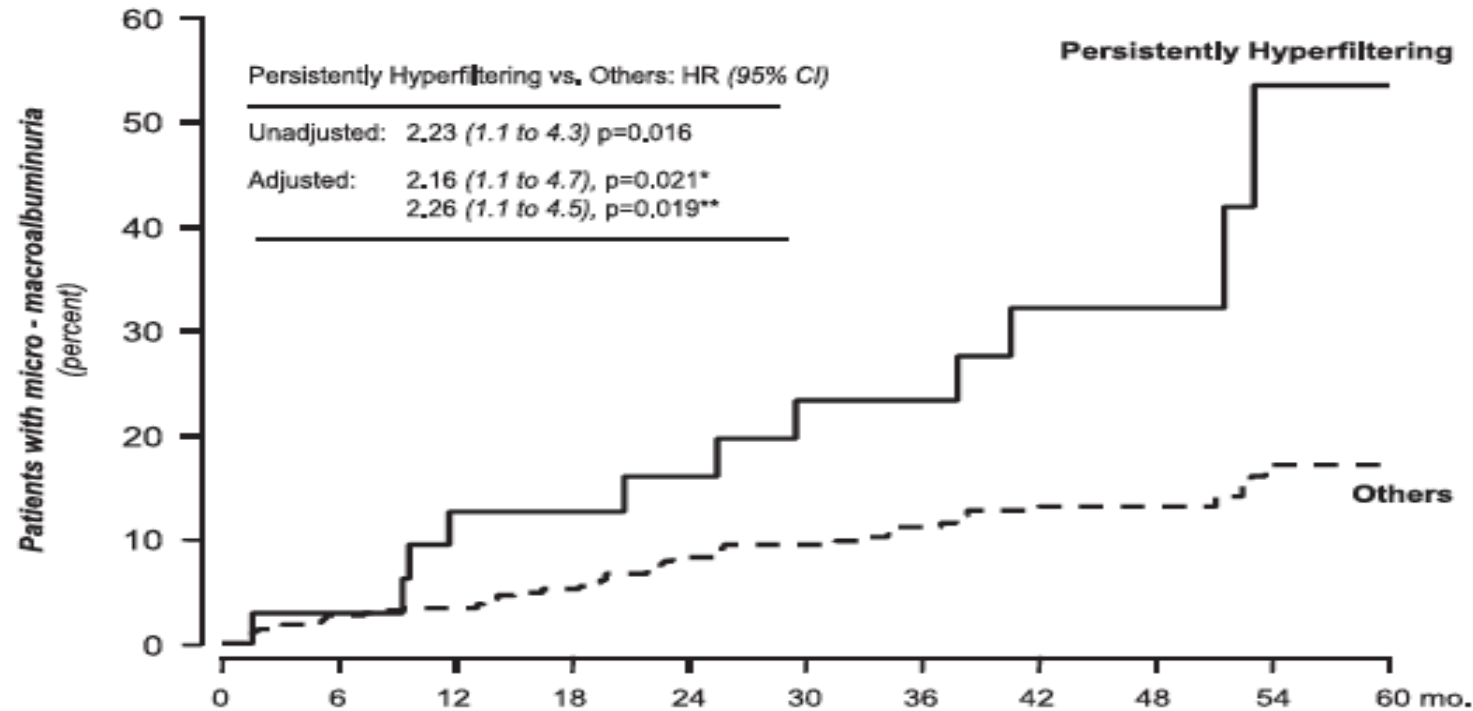
Marso SP, et al. N Engl J Med 2016;375:1834-44; Marso SP, et al. N Engl J Med 2016;375:311-22

La obesidad, diabetes...

- 1 VD de arteriola aferente
- 2 ↑ Flujo sanguíneo y presión intraglomerular



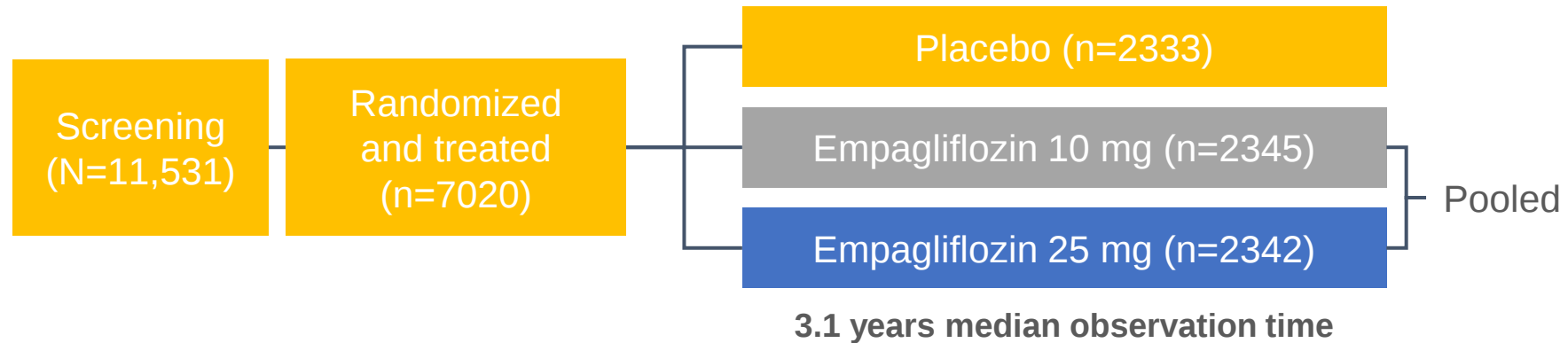
Hyperfiltration is associated with higher risk of CKD progression in the long term



From BENEDICT-and DEMAND trials. Iohexol plasma clearance

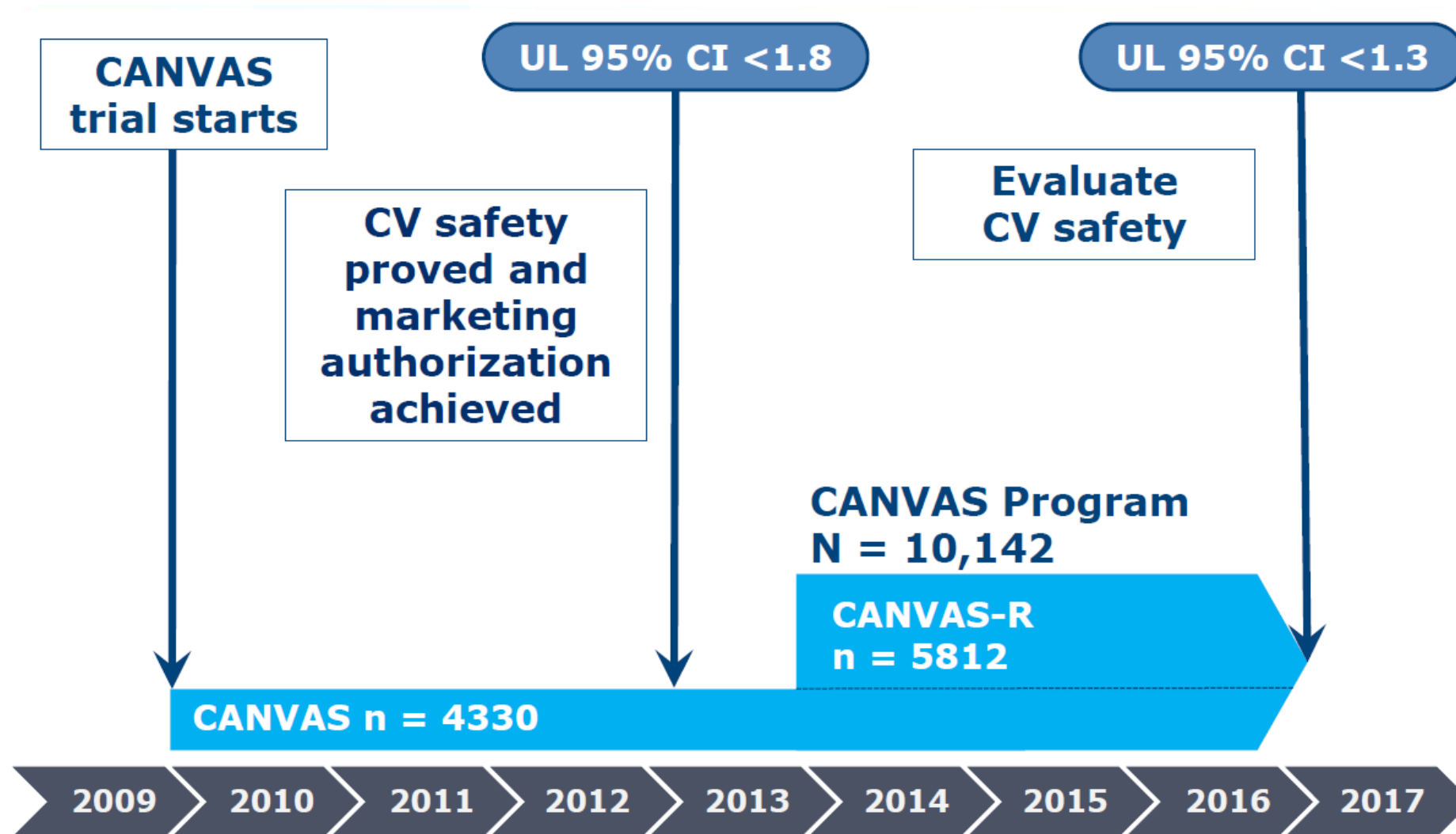
GFR reduction > 10% at month 6 were considered as patients with ameliorated hyperfiltration. Those with smaller reductions were categorized as “persistently hyperfiltering.”

EMPA-REG OUTCOME[®] TRIAL DESIGN



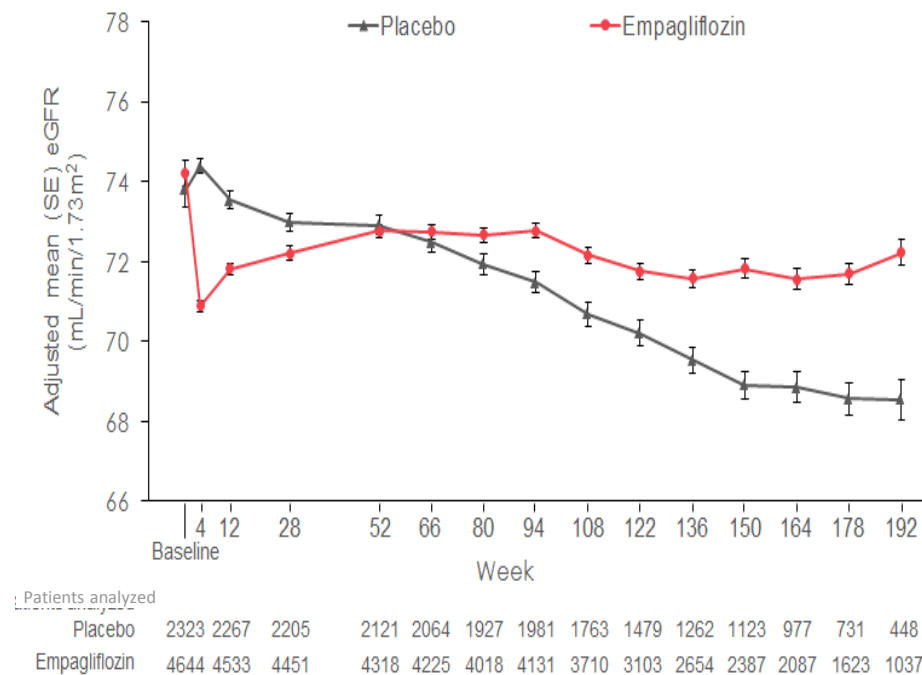
- Study medication was given on top of standard of care
 - Glucose-lowering medication was to remain unchanged for the first 12 weeks
- Key inclusion criteria
 - Adults with T2D and established CVD
 - BMI ≤ 45 kg/m²; HbA1c 7–10%; **eGFR ≥ 30 mL/min/1.73 m² (MDRD)**

DISEÑO DEL PROGRAMA CANVAS

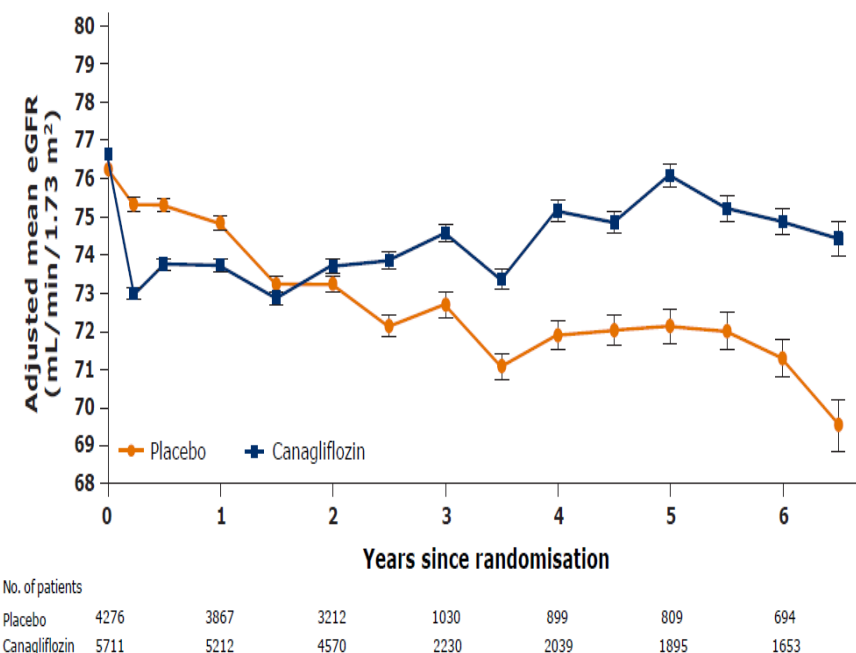


eGFR OVER TIME

EMPA-REG OUTCOME^{®1}



CANVAS Program²

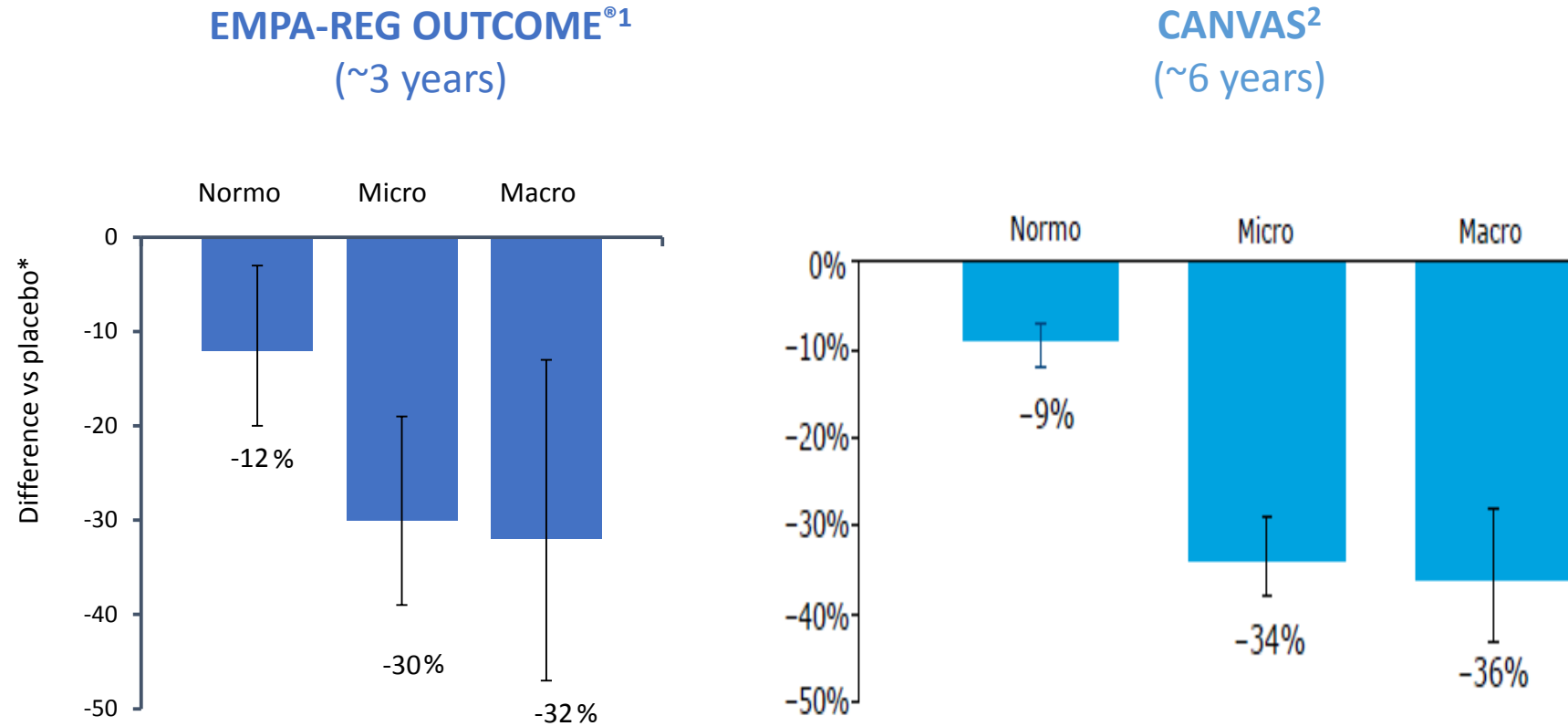


EMPA-REG OUTCOME analysis conducted using MDRD; CANVAS analysis not specified.

Wanner *et al.* JASN 2016;27:36A.

de Zeeuw D *et al.* 53rd Annual EASD Meeting; September 15, 2017; Lisbon, Portugal.

PLACEBO-ADJUSTED % CHANGE IN UACR BY BASELINE ALBUMINURIA CATEGORY



*Placebo-corrected adjusted geometric mean ratio (95% CI) of relative change from baseline with empagliflozin. 164 weeks (IQR 115–186) corresponds to the median observation period.

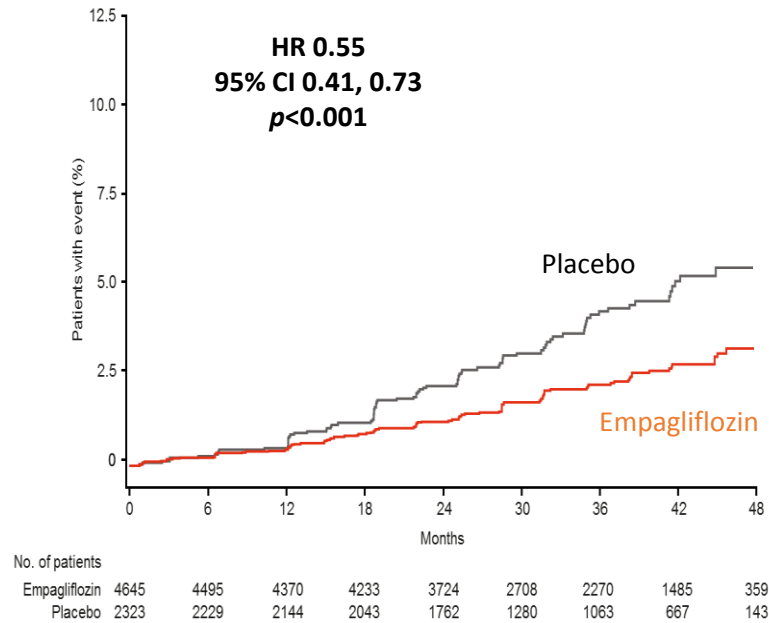
Data have only been reported in brief, and exact follow-up time was not given. Mixed model for repeated measures (MMRM) analysis excluding those below detection level.

1. Cherney DZI *et al. Lancet Diabetes Endocrinol.* 2017;5:610. 2. de Zeeuw D *et al.* Presented at the 53rd Annual Meeting of the European Association for

COMPOSITE RENAL OUTCOME

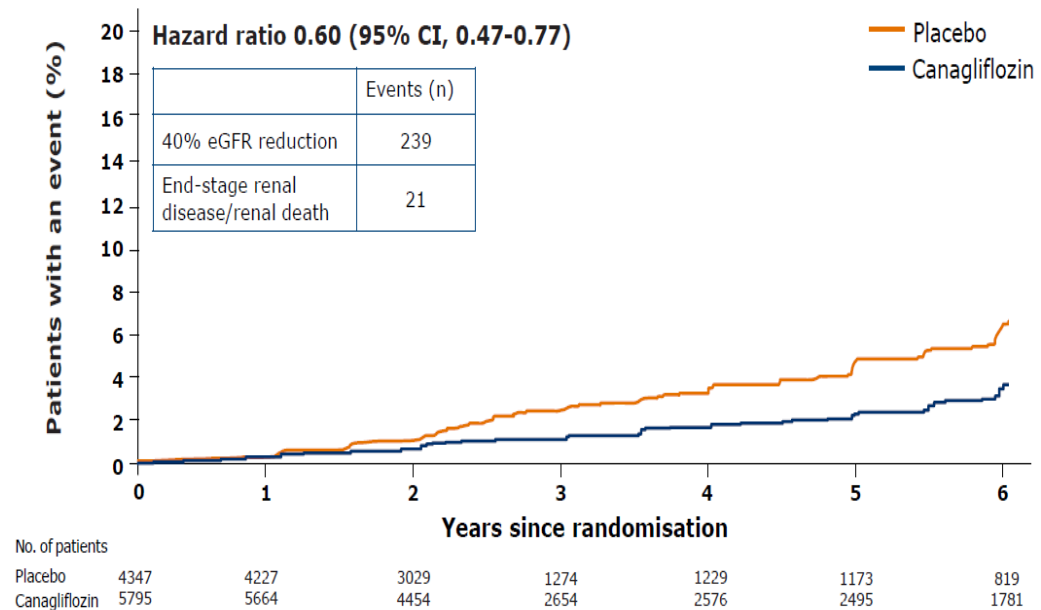
sustained 40% eGFR decline, ESRD, or renal death

EMPA-REG OUTCOME[®]



Kaplan-Meier estimates in patients treated with ≥ 1 dose of study drug.
HR and 95% CI are based on Cox regression analyses. eGFR calculated according to MDRD formula.

CANVAS Program¹



Intention-to-treat analysis.
HR and 95% CI estimated using a Cox regression model with stratification according to trial and history of CVD for all canagliflozin groups combined vs placebo. Analyses are based upon the full, integrated data set comprising all participants who underwent randomization.

OVERVIEW OF STUDIES DESIGNS WITH RENAL OUTCOME

Sonesson *et al.* 2016¹

- Meta-analysis of CV events in 21 Phase 2b/3 dapagliflozin clinical trials
- ≤ 208 weeks in duration
- Patients received dapagliflozin 2.5 or 10 mg (n=5936) or control (n=3403)

Kosiborod *et al.* 2015²

- Pooled data from 5 Phase 2b/3 dapagliflozin clinical trials that selected patients with a documented history of HF
- ≤ 52 weeks in duration
- Patients received dapagliflozin 10 mg (n=171) or placebo (n=149)

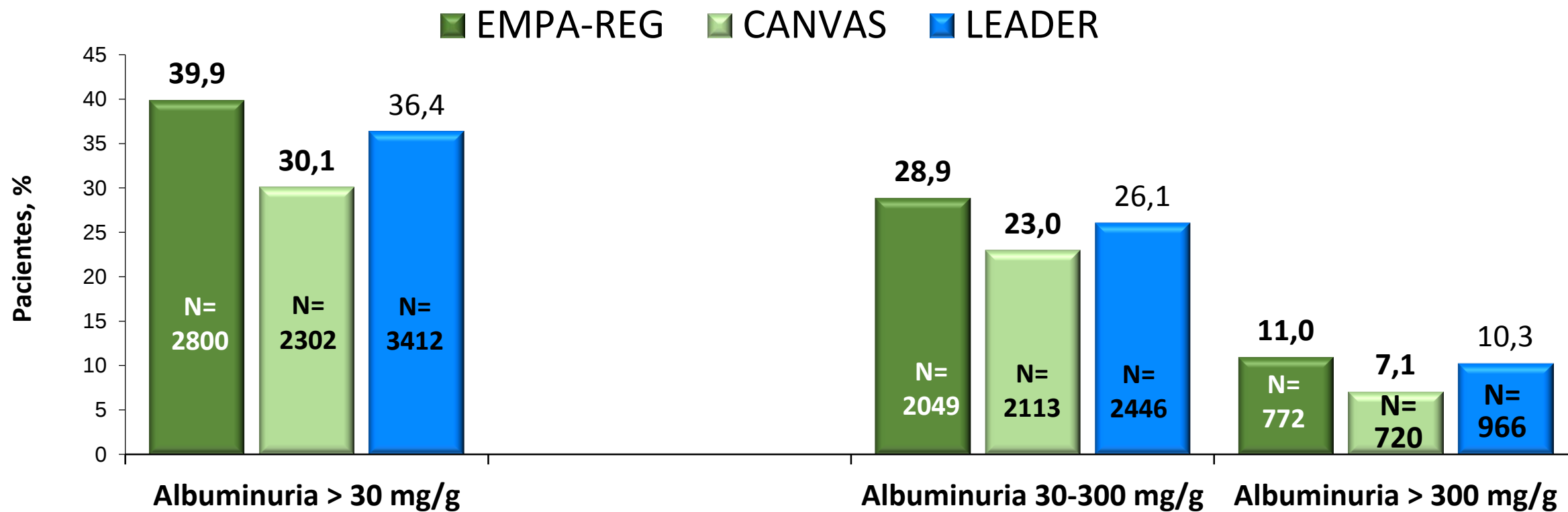
Lambers Heerspink *et al.* 2016³

- Pooled data from Phase 2b/3 dapagliflozin clinical trials
- 12 weeks in duration
- In addition to ACEi/ARB treatment, patients randomly received dapagliflozin 5 mg (n=87), 10 mg (n=167) or placebo (n=189)

Parikh *et al.* 2015⁴

- Pooled data from 10 randomised, placebo-controlled, double-blinded clinical trials in patients with T2DM
- 24 weeks in duration
- Patients received dapagliflozin 10 mg (n=2224) or placebo (n=2153)

PORCENTAJE DE PACIENTES CON ALBUMINURIA EN LOS ESTUDIOS EMPA-REG OUTCOME, CANVAS Y LEADER



IRMA 2: 950 pacientes
RENAAL: 1513 pacientes
IDNT: 1715 pacientes

Wanner C. New Engl J Med 2016, June 14
Neal B. New Engl J Med 2017, 377(7):644-657
Perkovic V. Poster FR-PO 1058. ASN New Orleans. Novbre 2017
Mann JFE. N Engl J Med 2017;377:839-48.

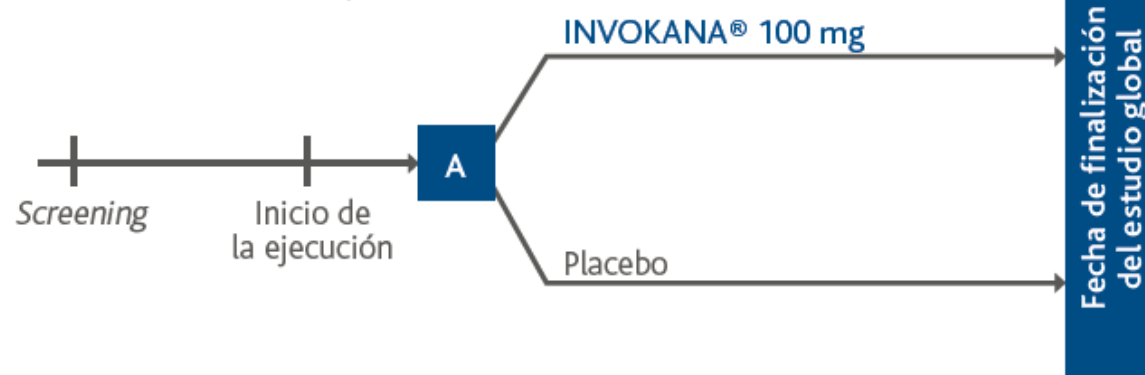
Study Overview

Prescreening

- TFGe
- Albuminuria/proteinuria

Optimización del tratamiento

- AD
- Lípidos
- PA
- Inhibidor IECA / ARA II



Criterios de inclusión

- $HbA_{1c} \geq 6,5\%$ y $\leq 12,0\%$
- $TFGe \geq 30$ y < 90 mL/min/1,73m²
- Cociente albúmina / creatinina > 300 y ≤ 5.000 mg/g ($> 33,9$ y $\leq 565,6$ mg/mmol)
- Dosis máxima diaria tolerada del inhibidor de la IECA o ARA II durante 4 semanas previas a la aleatorización





~4,000 patients



Status: Currently recruiting participants



Study to Evaluate the Effect of Dapagliflozin on Renal Outcomes and Cardiovascular Mortality in Patients with CKD (Dapa-CKD)¹³

An international, multicentre, event-driven, randomised, double-blind, parallel group, placebo-controlled study, evaluating the effect of dapagliflozin versus placebo, given once daily in addition to SoC, to prevent the progression of CKD or CV/renal death.

Population

- ≥ 18 years of age
- $\text{eGFR} \geq 25$ and ≤ 75 mL/minute/1.73 m²*
- $\text{UACR} \geq 200$ and ≤ 5000 mg/g
- Stable, maximum tolerated dose of ACEi/ARB for at least 4 weeks before visit

N=~4,000

Randomisation 1:1

Placebo + SoC

Dapagliflozin
10 mg or 5 mg + SoC

February 2017

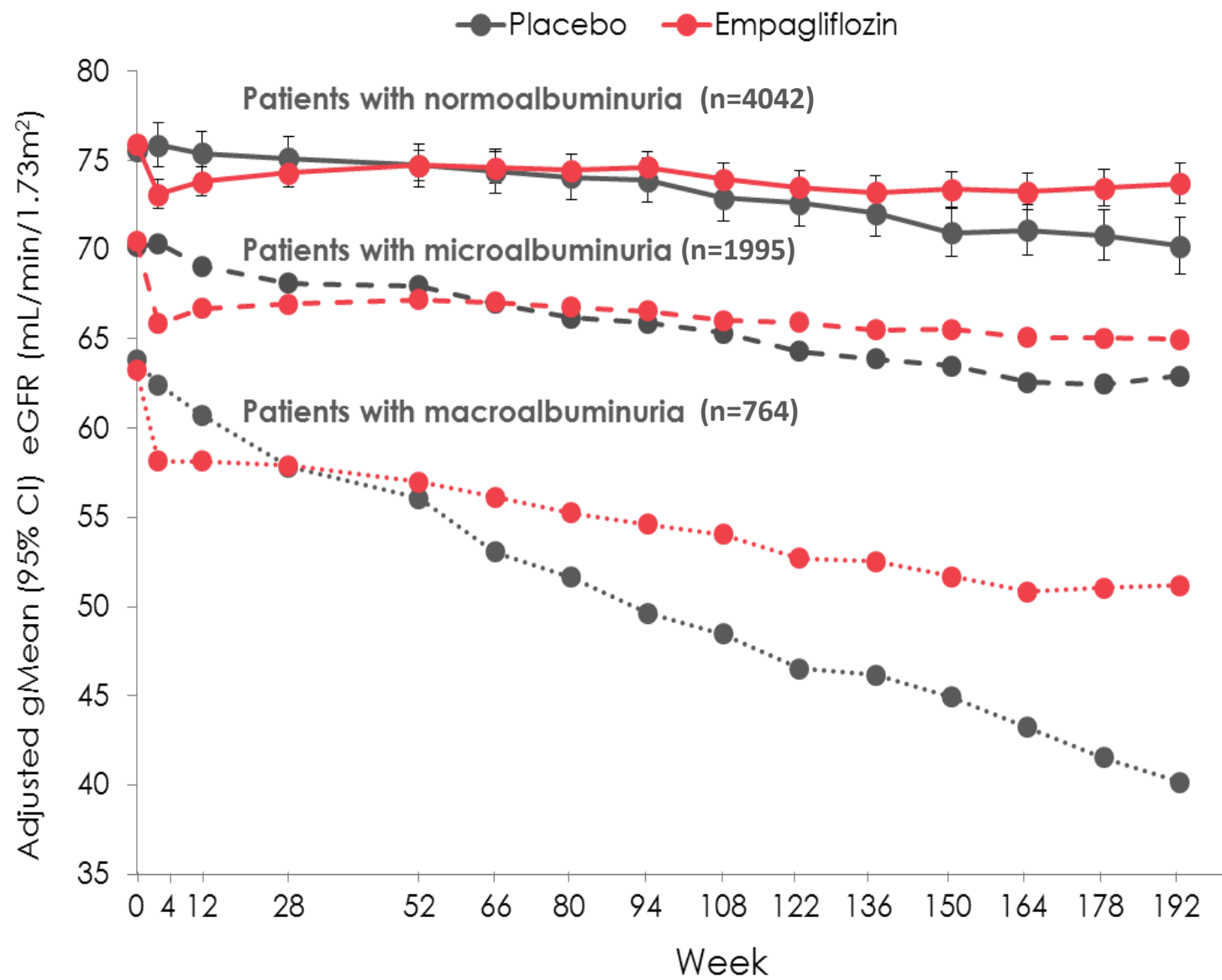


November 2020
(estimated completion)

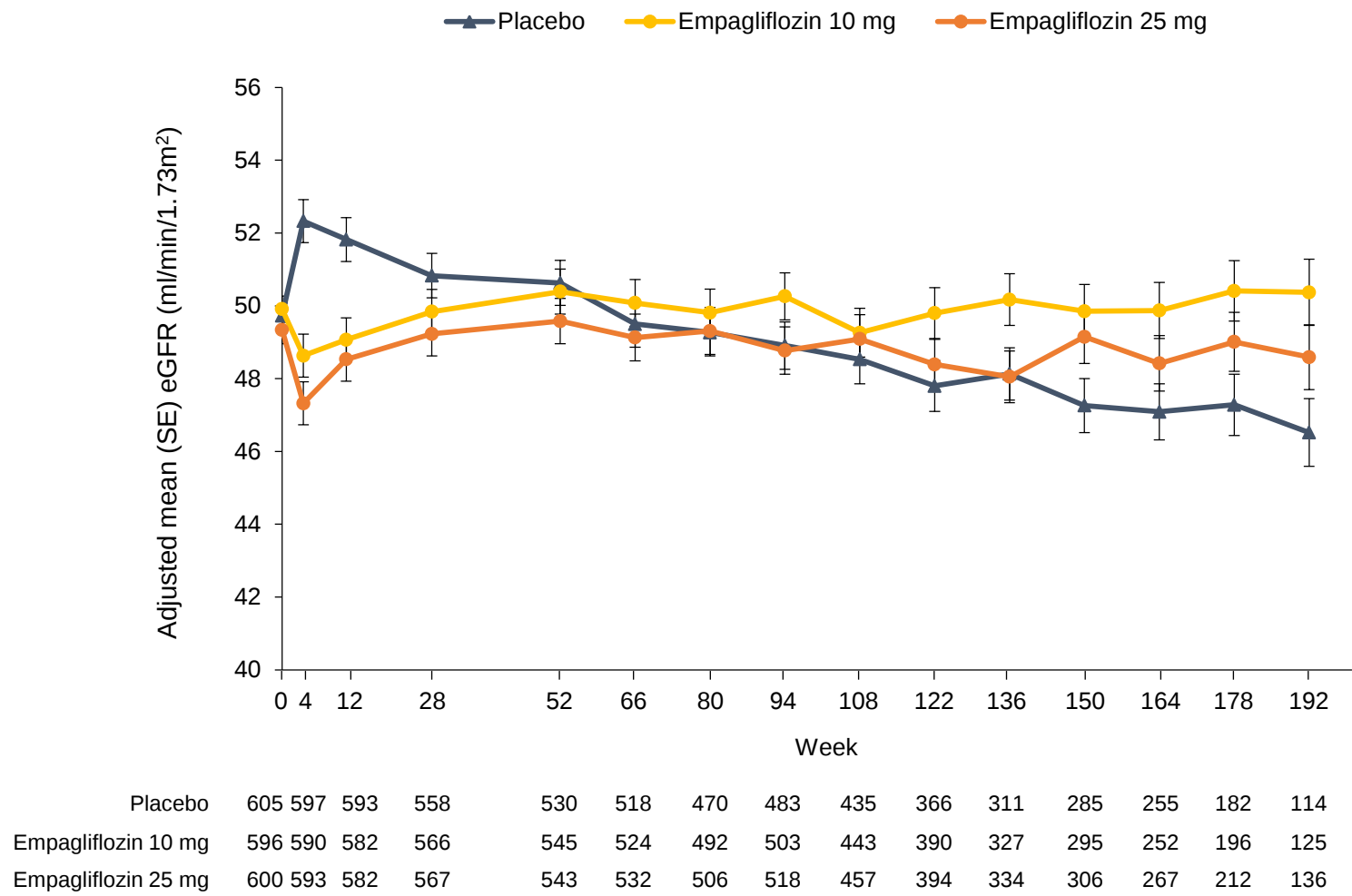
Chronic Kidney Disease

CREDENCE	eGFR 30-90 and UACR 300-5000 mg/g
DAPA-CKD	eGFR 25-75 and UACR 200-5000 mg/g
EMPA-Kidney	eGFR 20-45 or >45 mit UACR>200 mg/g





eGFR (CKD-EPI FORMULA) OVER 192 WEEKS IN PATIENTS WITH eGFR <60 mL/MIN/1.73M² AT BASELINE



Post-hoc analysis. Mixed model repeated measures analysis in patients treated with ≥1 dose of study drug (OC-AD).
eGFR, estimated glomerular filtration rate; CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration.

Inhibidores de SGLT-2 han demostrado un claro efecto nefroprotector. Queda pendiente dicho efecto en estudios con pacientes que presenten nefropatía diabética establecida

Análogos de GLP-1 presenta un efecto en reducción de albuminuria

¿ Qué debemos tener en cuenta a la hora de tratar con ADOS al paciente con ERC y diabetes mellitus ?

Uso de antidiabéticos en la ERC

FGe/Fármacos	45-59	30-44	15-29	< 15
Insulina	Sí	Sí	Sí (reducir dosis 25%)	Sí (reducir dosis 50%)
Metformina	Sí	Sí, valorar indicación (50% de la dosis)	No	No
Glinidas (Repaglinida)	Sí	Sí	Sí (ajustar dosis)	Sí (ajustar dosis)
Glitazonas (pioglitazona)	Sí	Sí	Sí	Sí
Sulfonilureas (gliclazida, glimepirida) evitar glibencamida	Sí	Sí (reducir dosis) Glipizida permitida Gliclacida precaución	No Glipizida permitida Gliclacida precaución	No Glipizida permitida Gliclacida precaución
Inhibidores α glucosidasa acarbosa miglitol	Sí Sí	Sí No	No No	No No
Inhibidores DPP4		Si (linagliptina no ajuste de dosis. Sitagliptina, vildagliptina, saxagliptina alogliptina requieren ajuste de dosis)		

El efecto secundario más frecuente en diabéticos con enfermedad renal crónica es la hipoglucemia

Rate of adverse drug events in ambulatory patients with CKD

N=267

Rate (per 100 patients)*

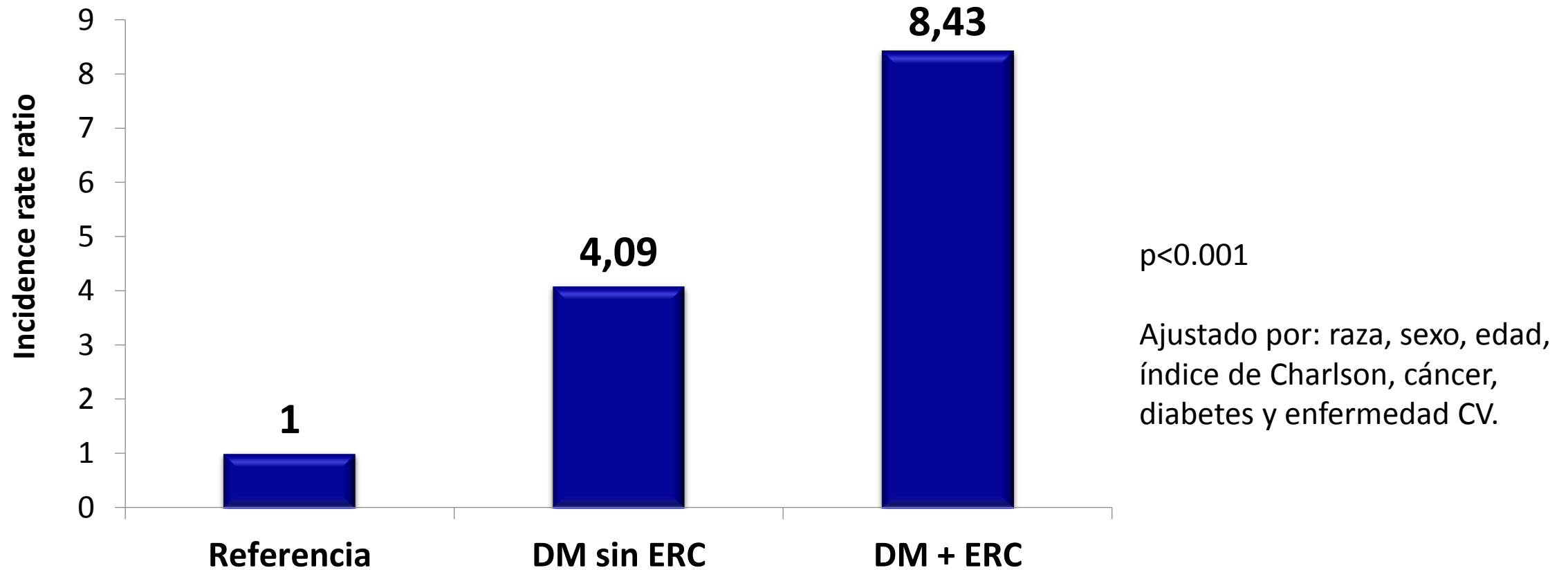
PATIENT REPORTED	
Hypoglycemia	57.6
Falling/ severe dizziness	23.1
Nausea, vomiting $\pm$ diarrhea	21.1
Hyperkalemia	18.1
Confusion	16.9
DETECTED AT STUDY VISIT	
Hypoglycemia	8.3
Hyperkalemia	8.3
Bradycardia	6.4
*Adjusted for sociodemographics, comorbid conditions, GFR, and number of medications antidiabetic drugs	

69.3 % reported a safety event

Diabetics 63 %

Adapted from Ginsberg JS, et al. *J Am Soc Nephrol* 2014.

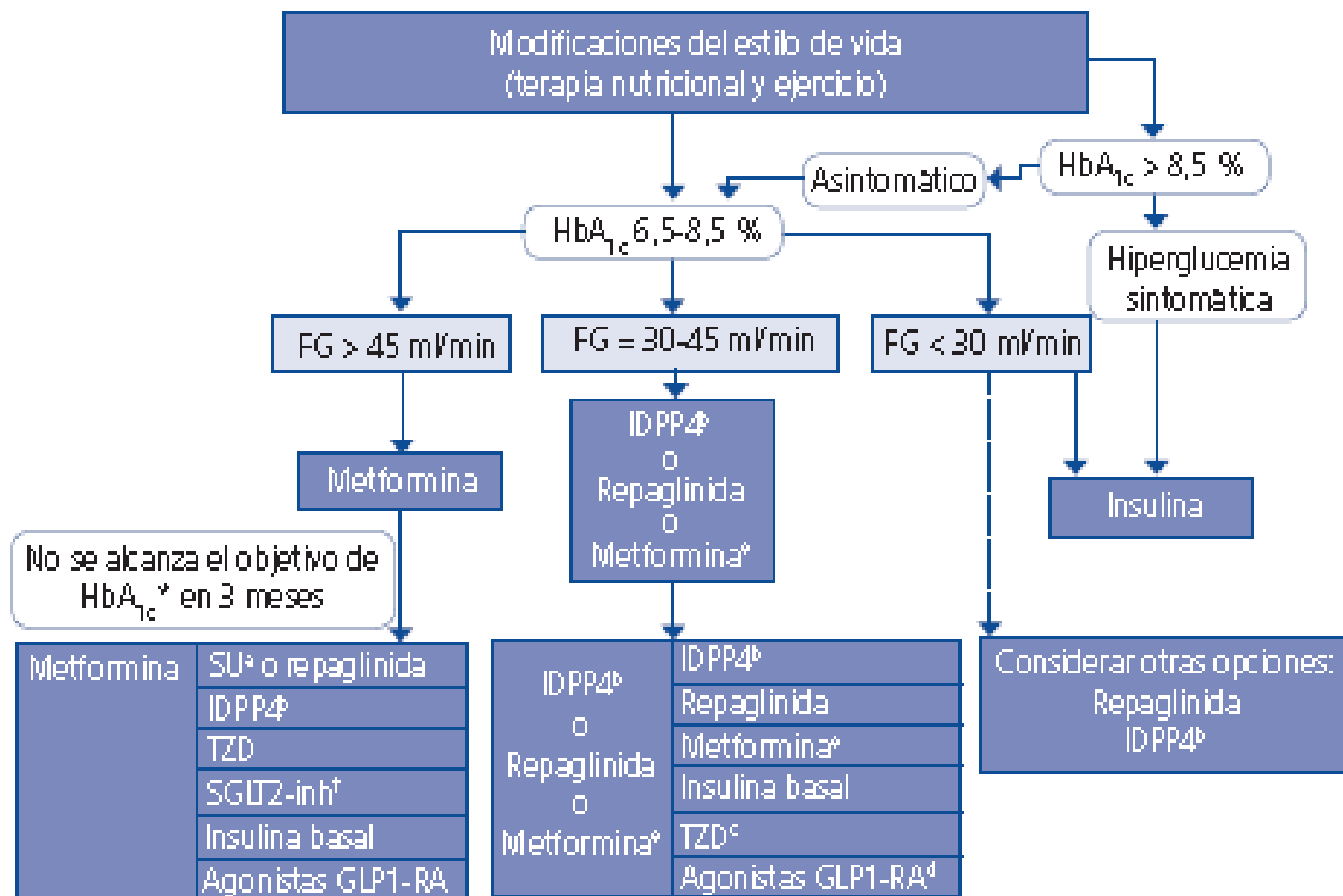
Riesgo de hipoglucemia grave (< 50 mg/dl) segun presencia de ERC en DM tipo 2



Estudio retrospectivo. Cohorte de 243,222 pacientes con 2,040,206 determinaciones de glucosa (Veterans Health Administration).

ERC: enfermedad renal crónica

Moen MF. Clin J Am Soc Nephrol 2009; 4: 1121–1127



		CKD-1	CKD-2	CKD-3	CKD-4	CKD-5ND	CKD-5D	
Sulfonylureas	Metformin	No adjustments		1,5g-850 mg/day*	500 mg/day**	Consider carefully/Awaiting further data		
	Chlorpropamide	No adjustments		100-125 mg/day	To be avoided			
	Acetohexamide	To be avoided						
	Tolazamide	To be avoided						
	Tolbutamide	250mg, 1-3 times/day					To be avoided	
	Glipizide	No adjustments						
	Glicazide	Start at low doses and dose titration every 1-4 weeks						
	Glyburide	To be avoided						
	Glimepiride	Recude dosage to 1 mg/day					To be avoided	
	Gliquidone	No adjustments						
α-gluc inhibitors	Repaglinide	No adjustments					Limited experience available	
	Nateglinide	No adjustments					Start at 60 mg/day	To be avoided
	Acarbose	No adjustments			use lowest dose and <50mg			
	Miglitol	Limited experience available						
	Pioglitazone	No adjustments						
DPP-IV inhibitors	Sitagliptin	No adjustments		Reduce to 50 mg/day	Reduce to 25 mg/day			
	Vildagliptin	No adjustments		Reduce to 50 mg/once daily				
	Saxagliptin	No adjustments		Reduce to 2,5 mg/once daily				
	Linagliptin	No adjustments						
	Alogliptin	No adjustments		Reduce to 12,5 mg/daily				
	Exenatide	No adjustments	Reduce dose to 5 mcg/once to twice daily			To be avoided		
Incretin Mimetics	Liraglutide	Limited experience available						
	Lixisenatide	No adjustments	Careful use if GFR 80-50 mL/min					No experience available
	Pramlintide	Limited experience available						
SGLT-2 inhibitors	Dapagliflozin	Limited experience available						
	Canagliflozin	Reduced efficacy		Careful monitoring		To be avoided		
	Empagliflozin	Limited experience available						

From: Clinical Practice Guideline on management of patients with diabetes and chronic kidney disease stage 3b or higher (eGFR <45 mL/min)

Nephrol Dial Transplant. 2015;30(suppl_2):ii1-ii142. doi:10.1093/ndt/gfv100

Nephrol Dial Transplant | © The Author 2015. Published by Oxford University Press on behalf of ERA-EDTA. All rights reserved

Uso de agonistas del R- GLP-1 segun función renal

FGe/Fármacos		>60	45-59	30-44	15-29	< 15
	Exenatida Lisexenatida	No ajuste	No	No	No	No
	Exenatida Lisexenatida	No ajuste	No	No	No	No
	Liraglutida	No ajuste	No ajuste	No ajuste	No ajuste	No
	Albiglutida	No ajuste	No ajuste	No ajuste	No	No
	Dulaglutida	No ajuste	No ajuste	No ajuste	No	No

 Indicado.

 No recomendado

Fichas técnicas de Exenatida, Lisexenatida, Liraglutida, Albiglutida y Dulaglutida.

Arnouts P. Nephrol Dial Transplant 2015; 30: ii1–ii142; Gomez-Huelgas R, Gorriz JL. Nefrologia 2014;34(1):34-45 ;

Martinez-Castelao A, Gorriz JL. Nefrologia 2014;34(2):243-62

El beneficio cardiovascular global del estudio LEADER fue mas evidente en pacientes con ERC

	Reducción del riesgo	HR	IC al 95 %
Beneficio CV global	↓ 13 %	0,87	0,78-0,97
Beneficio en pacientes con FGe < 60 ml/min/1,73 m2	↓ 31 %	0,69	0,57-0,85

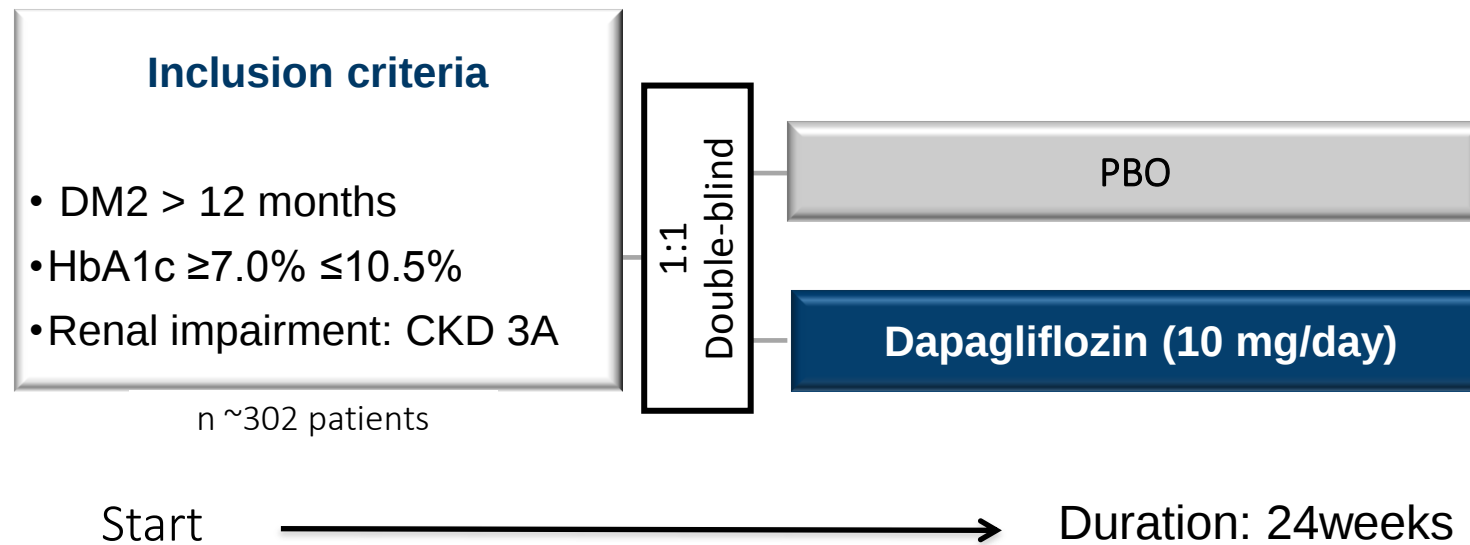
El nº de eventos en pacientes con ERC (FG< 60) fue el doble que en los pacientes sin ERC

Inhibidores SGLT2

FGe/Fármacos		>60	45-59	30-44	15-29	< 15
	Dapagliflozina	No ajuste	Menor eficacia No recomendado	No	No	No
	Empagliflozina	No ajuste	No iniciar. Si FG< 60 en tto, 10 mg/dia	No	No	No
	Canagliflozina	No ajuste	No iniciar Si FG< 60 en tto, 100 mg/dia	No	No	No

The DERIVE trial is investigating the effect dapagliflozin in patients with T2DM and moderate renal impairment

Evaluation of antidiabetic effect of dapagliflozin and renal safety in patients with T2DM and moderate renal impairment CKD 3A (eGFR 45-60 mL/min)



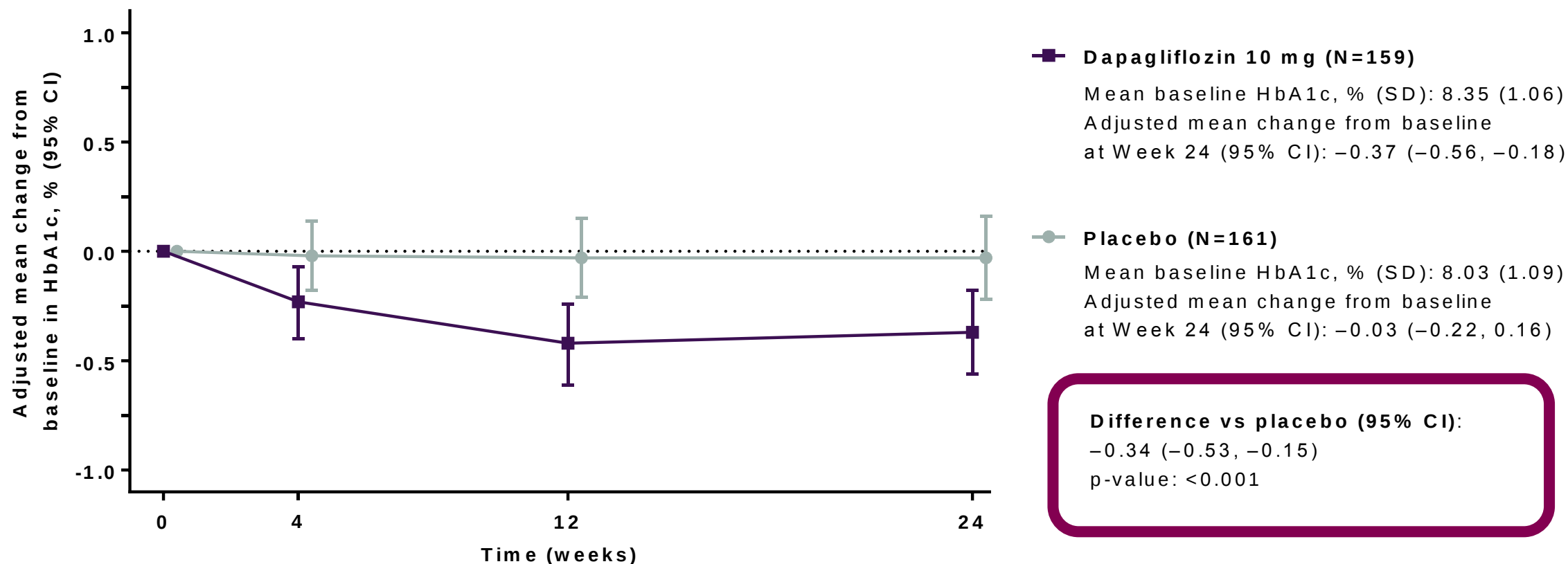
Primary endpoint: Mean change from baseline in HbA1c after 24 weeks

Secondary endpoints: Percent change from baseline in total body weight at Week 24.

Change from baseline in FPG at Week 24

Change from baseline in seated SBP at Week 24

HbA1c – change from baseline over 24 weeks



Dapagliflozin	157	156	149	142
Placebo	159	158	147	134

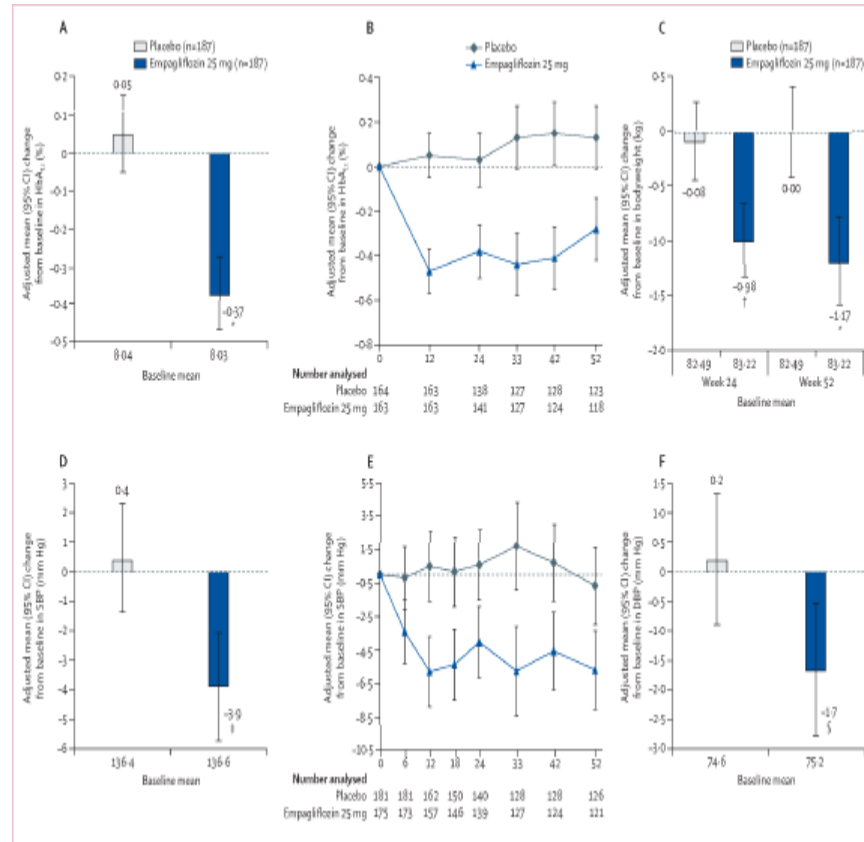
1. Fioretto P et al. Presented at: The Endocrine Society Annual Meeting and Expo; March 17-20, 2018; Chicago, Illinois

Data are based on the full analysis set.

CI, confidence interval; HbA1c, glycated hemoglobin; SD, standard deviation

Efficacy and safety of empagliflozin added to existing antidiabetes treatment in patients with type 2 diabetes and chronic kidney disease: a randomised, double-blind, placebo-controlled trial

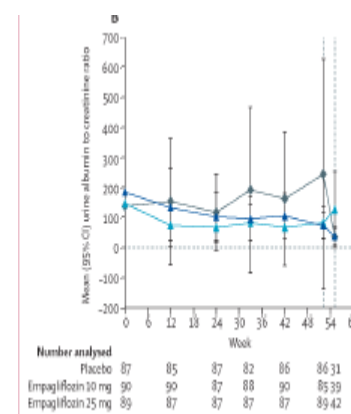
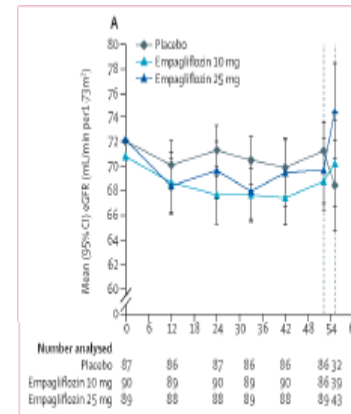
Anthony H Barnett, Ambrish Mithal, Jenny Manassie, Russell Jones, Henning Rattunde, Hans J Woerle, Uli C Broedl, on behalf of the EMPA-REG RENAL trial investigators

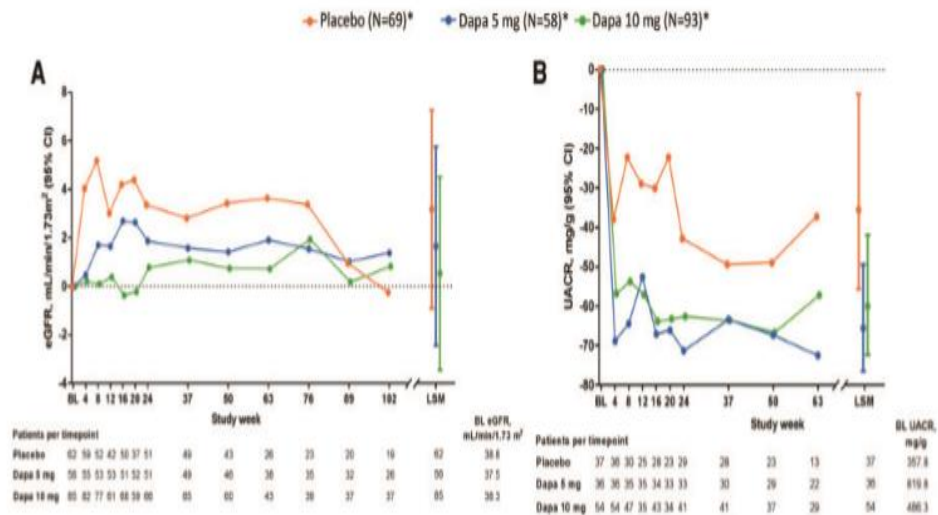


	Placebo (n=37)	Empagliflozin 25 mg (n=37)
HbA_{1c}		
HbA _{1c} at week 24, %	7.98 (1.04)	8.11 (1.73)
Change from baseline in HbA _{1c} at week 24, %	-0.18 (0.77)	0.04 (1.62)
HbA _{1c} at week 52, %	7.79 (1.04)	8.17 (1.58)
Change from baseline in HbA _{1c} at week 52, %	-0.37 (0.79)	0.11 (1.48)
Fasting plasma glucose		
Fasting plasma glucose at week 24, mmol/L	8.8 (4.5)	8.5 (5.4)
Change from baseline in fasting plasma glucose at week 24, mmol/L	0.6 (3.6)	-0.2 (6.0)
Fasting plasma glucose at week 52, mmol/L	8.6 (4.6)	8.5 (3.2)
Change from baseline in fasting plasma glucose at week 52, mmol/L	0.4 (3.9)	-0.3 (4.1)
Bodyweight		
Bodyweight at week 24, kg	84.1 (21.0)	76.5 (15.9)
Change from baseline in bodyweight at week 24, kg	-0.1 (1.9)	-1.4 (5.0)
Bodyweight at week 52, kg	84.1 (21.2)	77.0 (16.4)
Change from baseline in bodyweight at week 52, kg	0 (3.6)	-1.0 (3.3)
Systolic blood pressure		
Systolic blood pressure at week 24, mm Hg	147.4 (23.4)	137.6 (19.3)
Change from baseline in systolic blood pressure at week 24, mm Hg	1.2 (16.3)	-7.4 (16.9)
Systolic blood pressure at week 52, mm Hg	147.2 (23.8)	133.8 (16.9)
Change from baseline in systolic blood pressure at week 52, mm Hg	1.0 (17.4)	-13.2 (15.7)
Diastolic blood pressure		
Diastolic blood pressure at week 24, mm Hg	78.7 (10.0)	74.8 (9.4)
Change from baseline in diastolic blood pressure at week 24, mm Hg	0.7 (9.0)	-2.4 (8.8)
Diastolic blood pressure at week 52, mm Hg	79.3 (12.1)	72.9 (8.4)
Change from baseline in diastolic blood pressure at week 52, mm Hg	1.4 (8.7)	-4.3 (8.8)

Data are mean (SD). Descriptive statistics with last observation carried forward. CKD=chronic kidney disease.

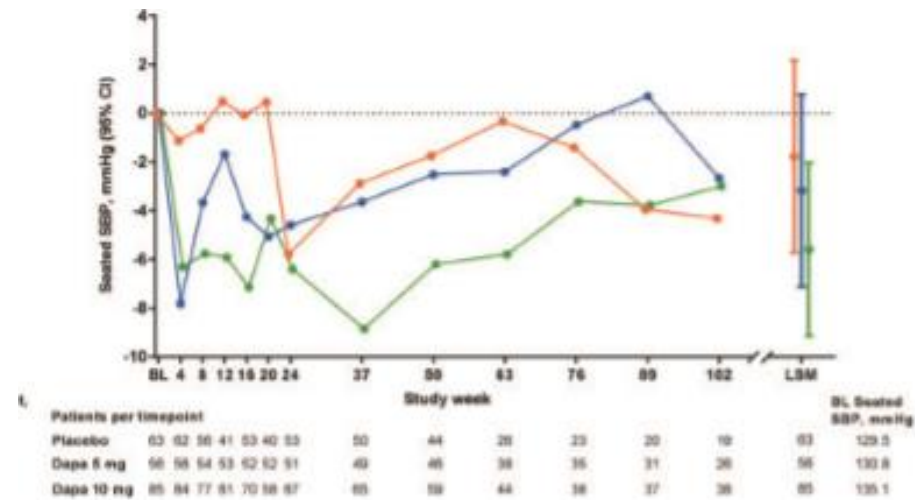
Table 4: Efficacy results in patients with stage 4 CKD in the full analysis set



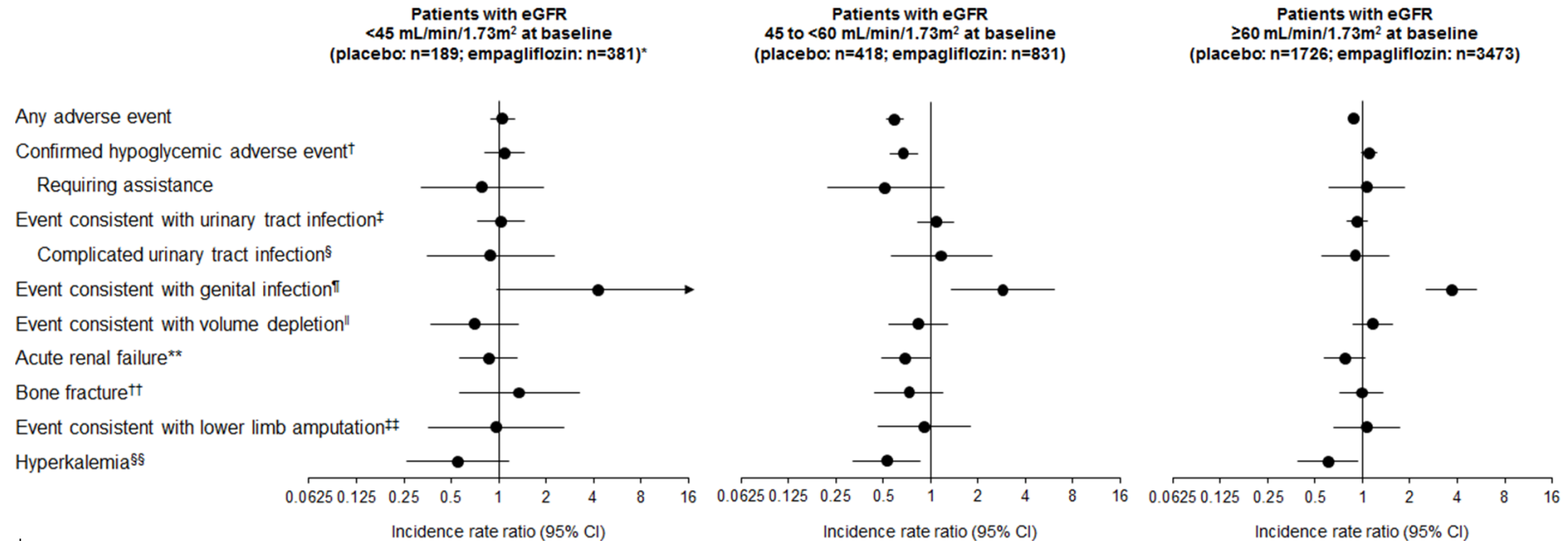


Effects of the sodium–glucose co-transporter 2 inhibitor dapagliflozin in patients with type 2 diabetes and Stages 3b–4 chronic kidney disease

Claire C.J. Dekkers¹, David C. Wheeler², C. David Sjöström³, Bergur V. Stefansson³, Valerie Cain⁴ and Hiddo J.L. Heerspink¹

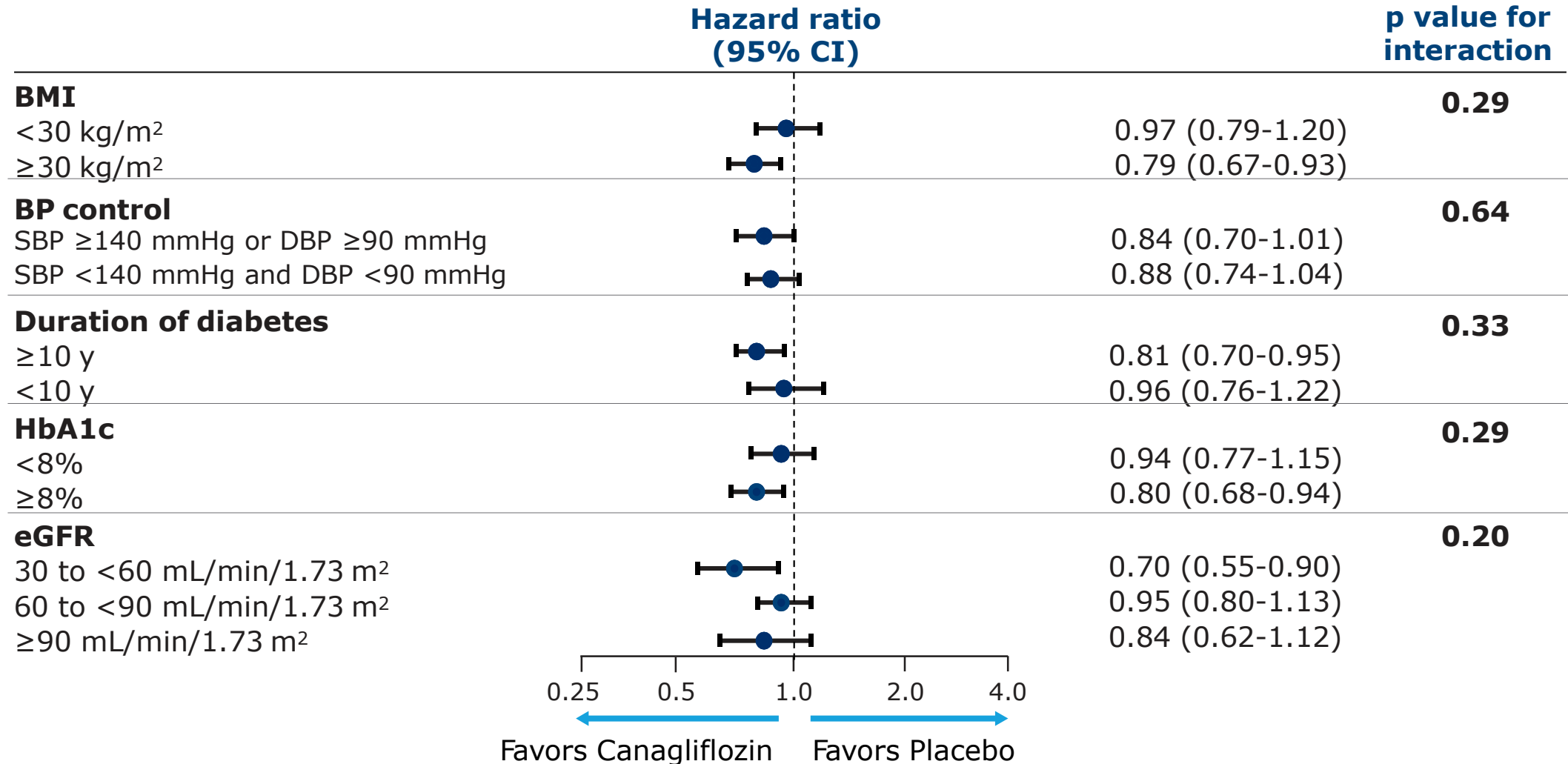


Side effects of SGLT2i therapy



Canagliflozin and Cardiovascular and Renal Events in Type 2 Diabetes

Bruce Neal, M.B., Ch.B., Ph.D., Vlado Perkovic, M.B., B.S., Ph.D.,
Kenneth W. Mahaffey, M.D., Dick de Zeeuw, M.D., Ph.D., Greg Fulcher, M.D.,
Ngozi Erondu, M.D., Ph.D., Wayne Shaw, D.S.L., Gordon Law, Ph.D.,
Mehul Desai, M.D., and David R. Matthews, D.Phil., B.M., B.Ch.,
for the CANVAS Program Collaborative Group*



24 h urinary glucose excretion declines with declining GFR

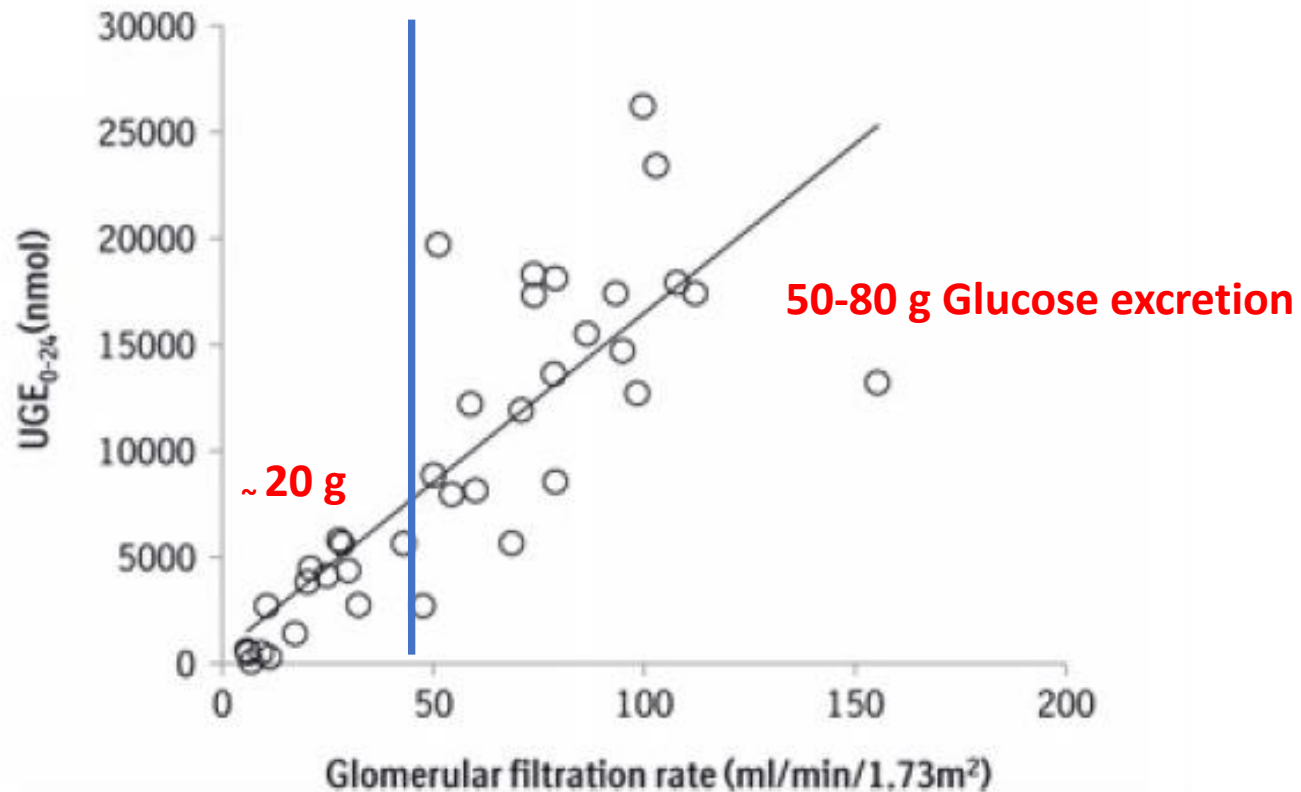


Table 8.1—Drug-specific and patient factors to consider when selecting antihyperglycemic treatment in adults with type 2 diabetes

		Efficacy*	Hypoglycemia	Weight Change	CV Effects		Cost	Oral/SQ	Renal Effects		Additional Considerations
					ASCVD	CHF			Progression of DKD	Dosing/Use considerations	
Metformin		High	No	Neutral (Potential for Modest Loss)	Potential Benefit	Neutral	Low	Oral	Neutral	Contraindicated with eGFR <30	- Gastrointestinal side effects common (diarrhea, nausea) - Potential for B12 deficiency
SGLT-2 Inhibitors		Intermediate	No	Loss	Benefit: canagliflozin, empagliflozin [†]	Benefit: canagliflozin, empagliflozin	High	Oral	Benefit: canagliflozin, empagliflozin	- Canagliflozin: not recommended with eGFR <45 - Dapagliflozin: not recommended with eGFR <60; contraindicated with eGFR <30 - Empagliflozin: contraindicated with eGFR <30	FDA Black Box: Risk of amputation (canagliflozin) - Risk of bone fractures (canagliflozin) - DKA risk (all agents, rare in T2DM) - Genitourinary infections - Risk of volume depletion, hypotension ↑LDL cholesterol
GLP-1 RAs		High	No	Loss	Neutral: lixisenatide, exenatide extended release Benefit: liraglutide [†]	Neutral	High	SQ	Benefit: liraglutide	- Exenatide: not indicated with eGFR <30 - Lixisenatide: caution with eGFR <30 - Increased risk of side effects in patients with renal impairment	FDA Black Box: Risk of thyroid C-cell tumors (liraglutide, albiglutide, dulaglutide, exenatide extended release) - Gastrointestinal side effects common (nausea, vomiting, diarrhea) - Injection site reactions ?Acute pancreatitis risk
DPP-4 Inhibitors		Intermediate	No	Neutral	Neutral	Potential Risk: saxagliptin, alogliptin	High	Oral	Neutral	Renal dose adjustment required; can be used in renal impairment	- Potential risk of acute pancreatitis - Joint pain
Thiazolidinediones		High	No	Gain	Potential Benefit: pioglitazone	Increased Risk	Low	Oral	Neutral	- No dose adjustment required - Generally not recommended in renal impairment due to potential for fluid retention	FDA Black Box: Congestive heart failure [pioglitazone, rosiglitazone] - Fluid retention (edema; heart failure) - Benefit in NASH - Risk of bone fractures - Bladder cancer (pioglitazone) ↑LDL cholesterol (rosiglitazone)
Sulfonylureas (2nd Generation)		High	Yes	Gain	Neutral	Neutral	Low	Oral	Neutral	- Glyburide: not recommended - Glipizide & glimepiride: initiate conservatively to avoid hypoglycemia	FDA Special Warning on increased risk of cardiovascular mortality based on studies of an older sulfonylurea (tolbutamide)
Insulin	Human Insulin	Highest	Yes	Gain	Neutral	Neutral	Low	SQ	Neutral	Lower insulin doses required with a decrease in eGFR; titrate per clinical response	- Injection site reactions - Higher risk of hypoglycemia with human insulin (NPH or premixed formulations) vs. analogs
	Analog						High	SQ			

*See ref. 31 for description of efficacy. [†]FDA approved for CVD benefit. CVD, cardiovascular disease; DKA, diabetic ketoacidosis; DKD, diabetic kidney disease; NASH, nonalcoholic steatohepatitis; RAs, receptor agonists; SQ, subcutaneous; T2DM, type 2 diabetes.



Cada vez es más factible el uso de ADOs hasta estadios más evolucionados de ERC

Probablemente podamos utilizar los inhibidores de SGLT-2 hasta filtrados más bajos dados sus efectos beneficiosos

Medication	CKD 3A (eGFR 45-59mL/min)	CKD 3B (eGFR 30-44 mL/min)	CKD 4 (eGFR 15-29 mL/min)	CKD 5 (eGFR <15 mL/min or dialysis)
Metformin‡	Dose adjustment not required	Reduce dose (500-1,000 mg/day) Do not initiate, can maintain	Use alternative agent due to risk of accumulation	
GLP-1 receptor agonists				
Dulaglutide	Dose adjustment not required			Caution as safety not established
Exenatide/ Exenatide ER	Dose adjustment not required (>50 mL/min)	Caution (30-50 mL/min)	Use alternative agent due to risk of accumulation	
Lixisenatide	Dose adjustment not required		Use alternative agent as safety not established	
Liraglutide	Dose adjustment not required			Use alternative agent as safety not established
SGLT2 inhibitors				
Canagliflozin‡	Can maintain at 100 mg daily, do not initiate for glycemic control. May be initiated when indicated for CV and renal protection*	Use alternative agent because of limited glycemic efficacy. May be considered when indicated for CV and renal protection*	Use alternative agent due to lack of glycemic efficacy	
Dapagliflozin‡	Use alternative agent due to lack of glycemic efficacy			
Empagliflozin‡	Can maintain, do not initiate for glycemic control. May be initiated when indicated for CV and renal protection*	Use alternative agent because of limited glycemic efficacy. May be considered when indicated for CV and renal protection*	Use alternative agent due to lack of glycemic efficacy	
DPP-4 Inhibitors				
Alogliptin	Lower dose 12.5 mg daily		Lower dose 6.25 mg daily	
Linagliptin	Dose adjustment not required			Caution as safety not established
Saxagliptin	Dose adjustment not required (>50 mL/min)	Lower dose 2.5 mg daily (<50 mL/min)	Use alternative agent as unproven efficacy for patients requiring hemodialysis	
Sitagliptin	Dose adjustment not required (≥50 mL/min)	Lower dose 50 mg daily (30-49 mL/min)	Lower dose 25 mg daily	
Alpha-glucosidase inhibitor				
Acarbose	Dose adjustment not required		Consider alternative agent as safety not established	
Meglitinides				
Repaglinide	Consider lower doses due to risk of hypoglycemia		Consider lower doses and beware of extended duration of action due to risk of hypoglycemia	
Sulfonylureas				
Gliclazide‡	Caution due to risk of hypoglycemia		Use alternative agent due to risk of accumulation and hypoglycemia	
Glimepiride‡	Caution due to risk of hypoglycemia		Use alternative agent due to risk of accumulation and hypoglycemia	
Glyburide‡	Use alternative agent due to risk of accumulation and hypoglycemia			
Thiazolidinediones				
Rosiglitazone / Pioglitazone	Dose adjustment not required but caution as may lead to fluid retention			
Insulins	Dose adjustment not required		Consider lower doses and beware of extended duration of action due to risk of hypoglycemia	

*Limited glycemic efficacy but may be considered to reduce progression of nephropathy or for CV protection where indicated for individuals with eGFR >30 mL/min (see recommendations).

‡These medications should be held during intercurrent illness - see Appendix 8, Sick Day Medication List. Dose adjustment is not recommended for the antihyperglycemic agents listed above in CKD stages 1 and 2. For full details on monitoring, please see product monographs.

Conclusiones

Resultados Cardiovasculares alcanzados en MACE iSGLT2 y arGLP1



Prevención
Primaria y Secundaria



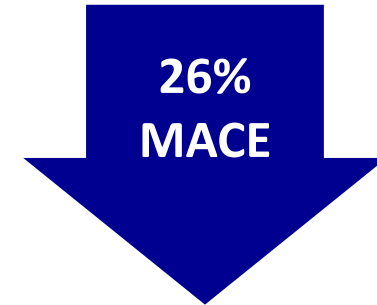
Prevención Secundaria



Prevención
Primaria y Secundaria



Prevención Secundaria

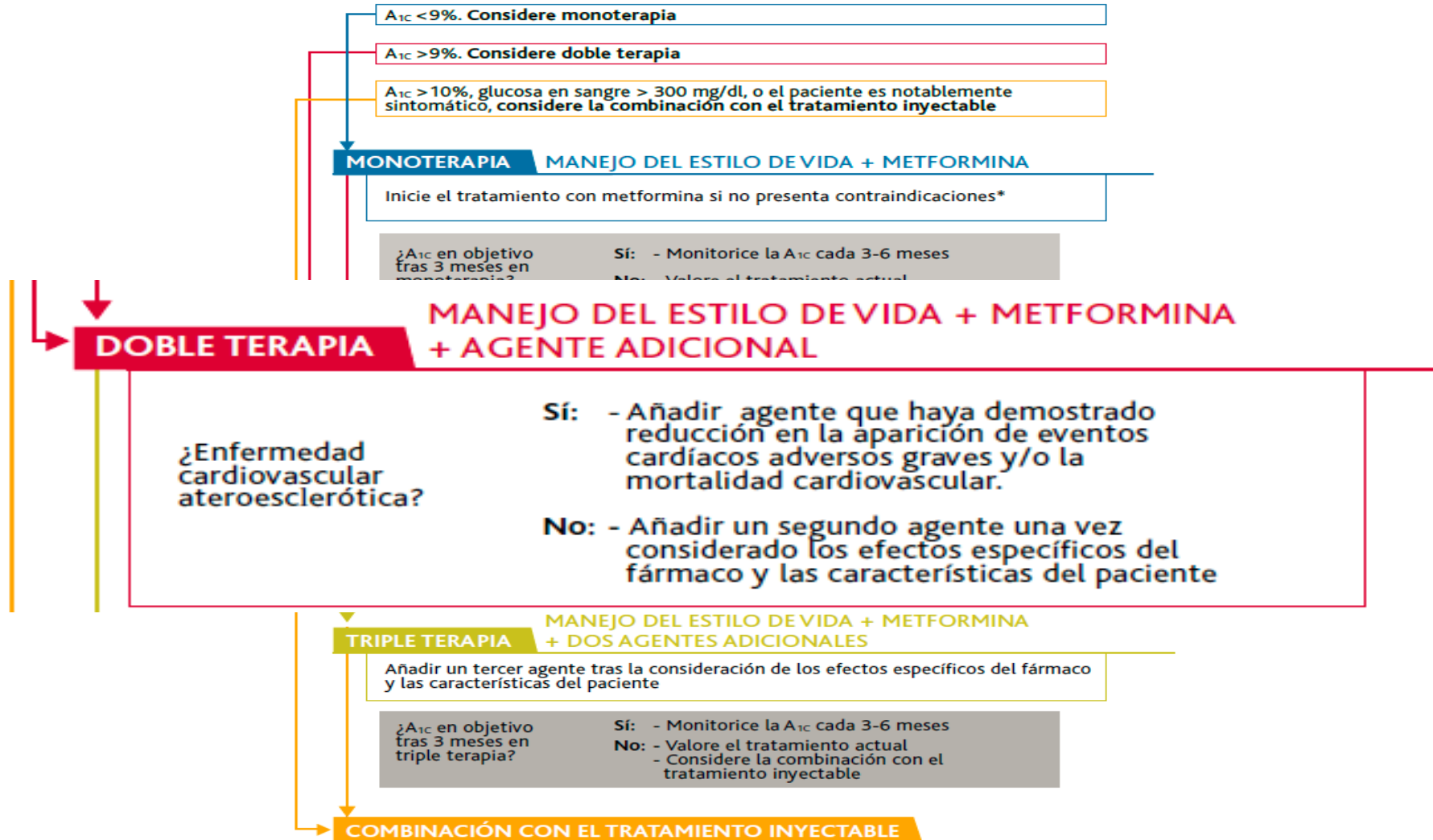




Guías Tratamiento ADA 2018

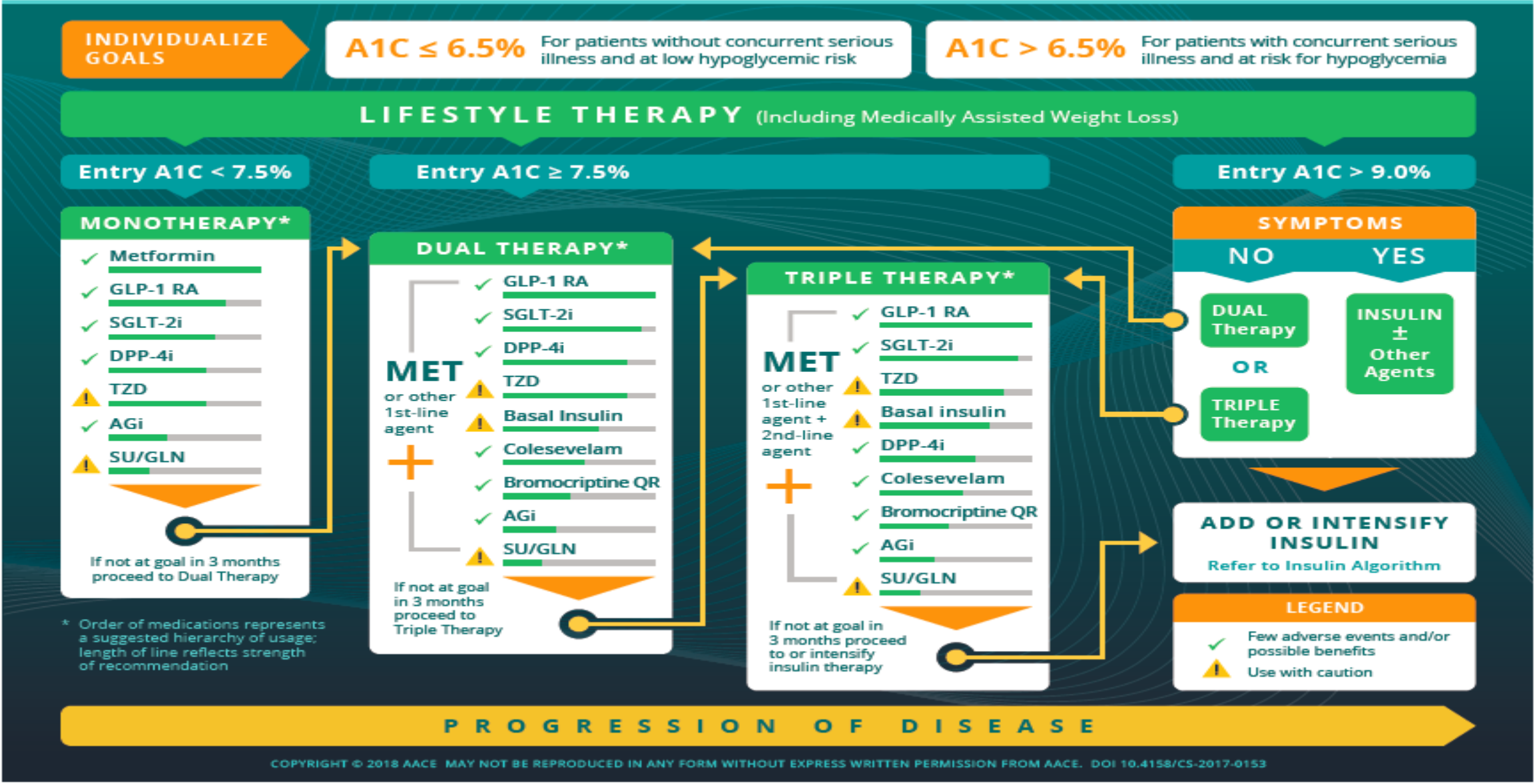
Terapia antihiper glucemiante en adultos con Diabetes Mellitus tipo 2

EN EL MOMENTO DEL DIAGNÓSTICO: MANEJO DEL ESTILO DE VIDA,
ESTABLEZCA EL OBJETIVO DE LA HbA_{1c} E INICIE EL TRATAMIENTO EN BASE A LA HbA_{1c}





Algoritmo de Control glucémico AACE



Tratamiento de la DM2 en Prevención Secundaria

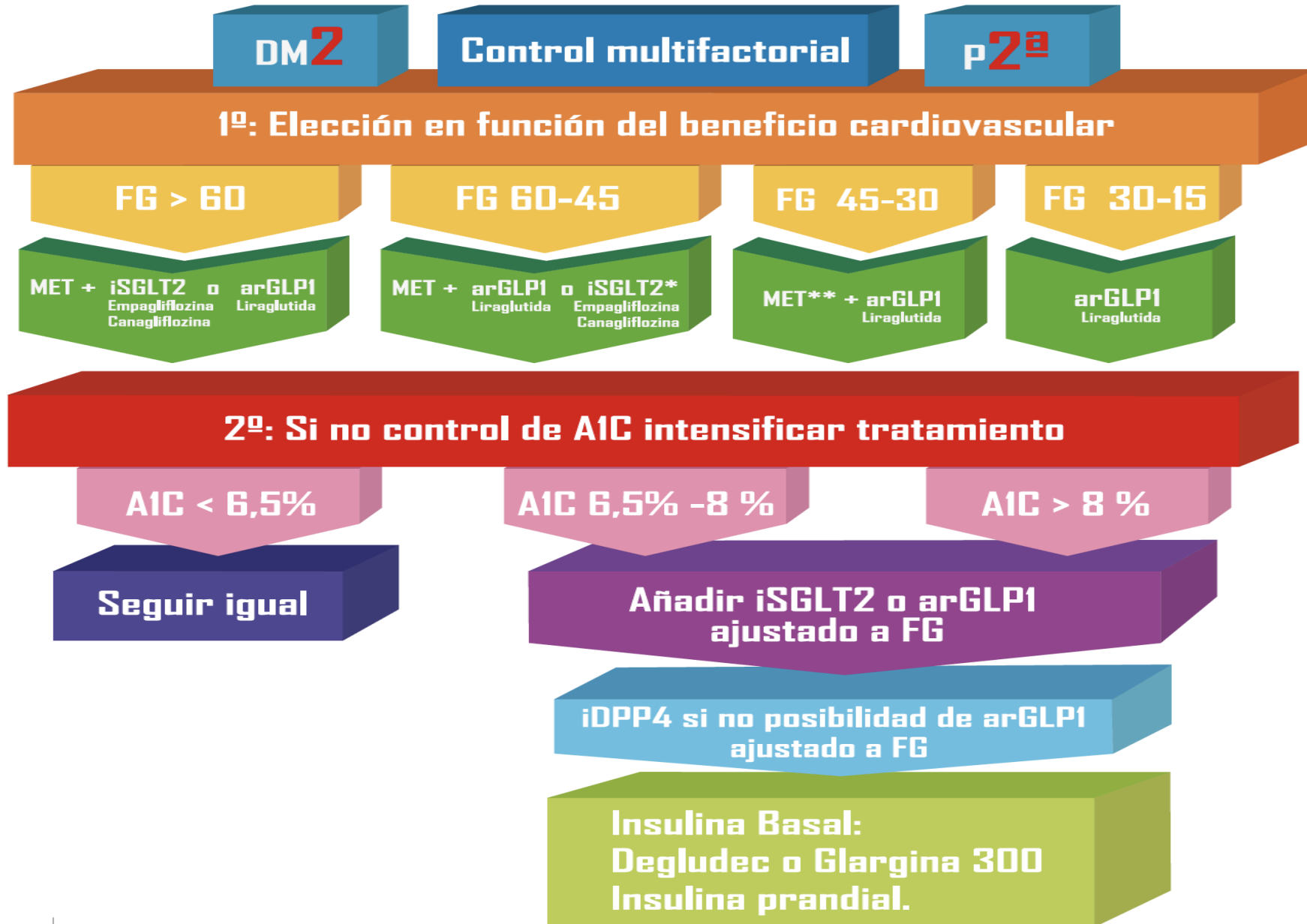


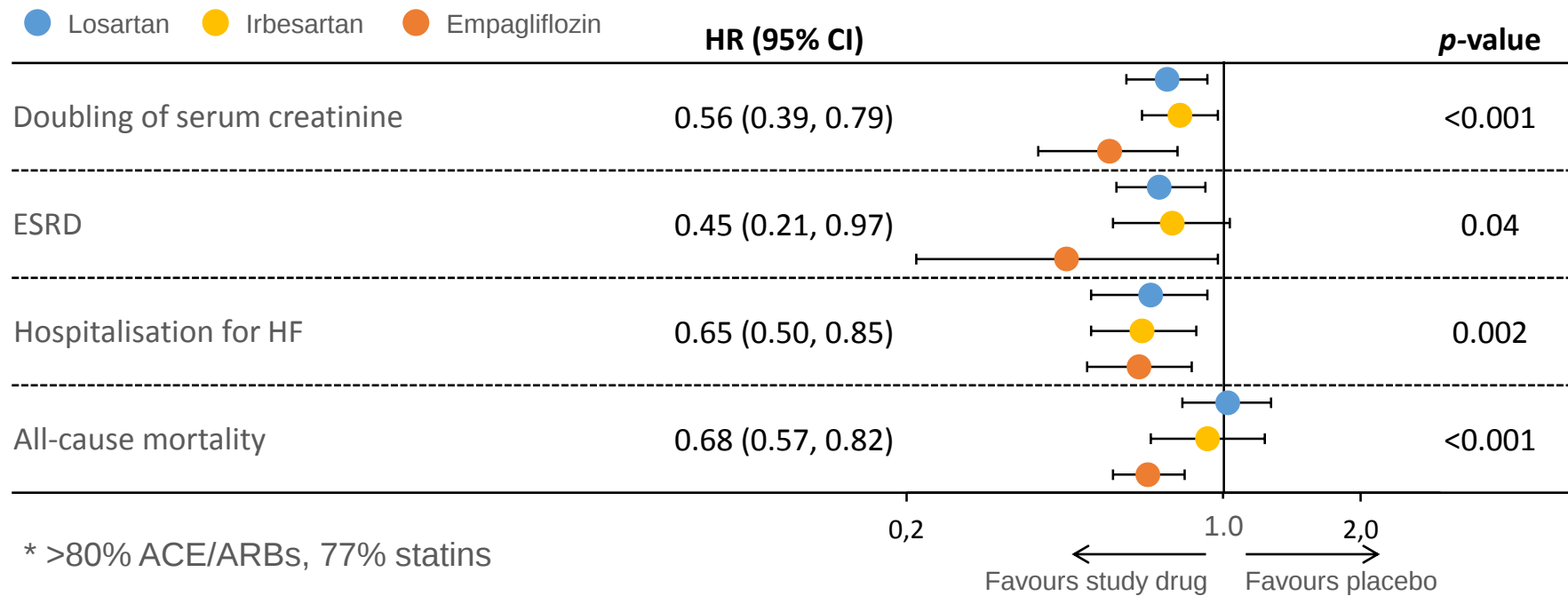
Table 8.1—Drug-specific and patient factors to consider when selecting antihyperglycemic treatment in adults with type 2 diabetes

		Efficacy*	Hypoglycemia	Weight Change	CV Effects		Cost	Oral/SQ	Renal Effects		Additional Considerations
					ASCVD	CHF			Progression of DKD	Dosing/Use considerations	
Metformin		High	No	Neutral (Potential for Modest Loss)	Potential Benefit	Neutral	Low	Oral	Neutral	Contraindicated with eGFR <30	- Gastrointestinal side effects common (diarrhea, nausea) - Potential for B12 deficiency
SGLT-2 Inhibitors		Intermediate	No	Loss	Benefit: canagliflozin, empagliflozin [†]	Benefit: canagliflozin, empagliflozin	High	Oral	Benefit: canagliflozin, empagliflozin	- Canagliflozin: not recommended with eGFR <45 - Dapagliflozin: not recommended with eGFR <60; contraindicated with eGFR <30 - Empagliflozin: contraindicated with eGFR <30	FDA Black Box: Risk of amputation (canagliflozin) - Risk of bone fractures (canagliflozin) - DKA risk (all agents, rare in T2DM) - Genitourinary infections - Risk of volume depletion, hypotension ↑LDL cholesterol
GLP-1 RAs		High	No	Loss	Neutral: lixisenatide, exenatide extended release Benefit: liraglutide [†]	Neutral	High	SQ	Benefit: liraglutide	- Exenatide: not indicated with eGFR <30 - Lixisenatide: caution with eGFR <30 - Increased risk of side effects in patients with renal impairment	FDA Black Box: Risk of thyroid C-cell tumors (liraglutide, albiglutide, dulaglutide, exenatide extended release) - Gastrointestinal side effects common (nausea, vomiting, diarrhea) - Injection site reactions ?Acute pancreatitis risk
DPP-4 Inhibitors		Intermediate	No	Neutral	Neutral	Potential Risk: saxagliptin, alogliptin	High	Oral	Neutral	Renal dose adjustment required; can be used in renal impairment	- Potential risk of acute pancreatitis - Joint pain
Thiazolidinediones		High	No	Gain	Potential Benefit: pioglitazone	Increased Risk	Low	Oral	Neutral	- No dose adjustment required - Generally not recommended in renal impairment due to potential for fluid retention	FDA Black Box: Congestive heart failure [pioglitazone, rosiglitazone] - Fluid retention (edema; heart failure) - Benefit in NASH - Risk of bone fractures - Bladder cancer (pioglitazone) ↑LDL cholesterol (rosiglitazone)
Sulfonylureas (2nd Generation)		High	Yes	Gain	Neutral	Neutral	Low	Oral	Neutral	- Glyburide: not recommended - Glipizide & glimepiride: initiate conservatively to avoid hypoglycemia	FDA Special Warning on increased risk of cardiovascular mortality based on studies of an older sulfonylurea (tolbutamide)
Insulin	Human Insulin	Highest	Yes	Gain	Neutral	Neutral	Low	SQ	Neutral	Lower insulin doses required with a decrease in eGFR; titrate per clinical response	- Injection site reactions - Higher risk of hypoglycemia with human insulin (NPH or premixed formulations) vs. analogs
	Analog						High	SQ			

*See ref. 31 for description of efficacy. [†]FDA approved for CVD benefit. CVD, cardiovascular disease; DKA, diabetic ketoacidosis; DKD, diabetic kidney disease; NASH, nonalcoholic steatohepatitis; RAs, receptor agonists; SQ, subcutaneous; T2DM, type 2 diabetes.

Effects of losartan, irbesartan and empagliflozin on renal and CV outcomes

Renal and CV outcomes from the RENAAL^{1,2}, IDNT^{3,4} and EMPA-REG OUTCOME^{®*5,6} trials



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 3. Lewis EJ et al. *N Engl J Med* 2001;345:851;
 5. Wanner C et al. *N Engl J Med* 2016;375:323;

2. Carr AA et al. *Am J Cardiol* 2005;96:1530;
 4. de Zeeuw D et al. *Circulation* 2004;110:921;
 6. Zinman B et al. *N Engl J Med* 2015;373:2117